

Individual Best Times (All Time)

Grace Orrell - (324677) - Blackburn Centurion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.26	29.60	474	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
100 Freestyle	1:05.79	1:04.50	485	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Freestyle	2:24.28	2:21.90	478	18/03/12	Lancashire County Championships	Manchester	CC2016	1
400 Freestyle	5:39.08	5:34.90	334	20/03/10	Lancashire County Champs	Manchester	CC0028	1
50 Breaststroke	38.90	38.10	421	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
100 Breaststroke	1:27.73	1:26.30	390	18/03/12	Lancashire County Championships	Manchester	CC2016	1
200 Breaststroke	3:43.16	3:40.80	234	13/03/10	Lancashire County Champs	Manchester	CC0027	1
50 Butterfly	34.96	34.40	341	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
100 Butterfly	1:19.28	1:18.30	342	09/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Butterfly	2:54.48	2:52.70	340	04/03/12	Lancashire County Championships	Liverpool	CC2015	1
50 Backstroke	33.69	33.10	506	16/03/14	Lancashire County Championships	Manchester	CC4087	1
100 Backstroke	1:13.11	1:12.00	482	17/03/13	Lancashire County Championships	Liverpool	CC3062	1
200 Backstroke	2:40.76	2:38.70	449	03/03/12	Lancashire County Championships	Liverpool	CC2015	1
200 Individual Medley	2:41.72	2:39.30	474	10/06/12	North West Region Age Group Championships	Manchester	NWR211	1
400 Individual Medley	5:49.70	5:44.60	439	04/03/12	Lancashire County Championships	Liverpool	CC2015	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.25	30.00	481	01/10/17	North Lancashire L2 Age Group Champs 2017	Blackpool	NW171572	2
100 Freestyle	1:05.04	1:06.30	461	30/09/17	North Lancashire L2 Age Group Champs 2017	Blackpool	NW171572	2
200 Freestyle	2:23.12	2:25.50	457	26/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	NW3229	3
400 Freestyle	5:10.28	5:14.80	414	21/01/12	North Lancashire Age Group & Youth Champs	Blackpool	NW2020	3
800 Freestyle	12:11.89	12:19.80	277	24/01/10	North Lancs Age Groups	Blackpool	NW0044	3
50 Breaststroke	37.92	38.70	418	30/09/17	North Lancashire L2 Age Group Champs 2017	Blackpool	NW171572	2
100 Breaststroke	1:23.77	1:25.30	412	03/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	NW172385	3
200 Breaststroke	3:01.93	3:04.80	404	04/02/12	North Lancashire Age Groups & Youth Meet	Blackpool	NW2021	3
50 Butterfly	33.04	33.60	401	27/06/15	Preston Summer Spectacular - L3 Open	Darwen	NW150775	3
100 Butterfly	1:15.92	1:16.90	360	20/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Butterfly	2:54.16	2:56.00	323	22/01/12	North Lancashire Age Group & Youth Champs	Blackpool	NW2020	3
50 Backstroke	32.30	32.90	477	02/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	NW172385	3
100 Backstroke	1:11.18	1:12.30	458	26/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	NW3229	3
200 Backstroke	2:34.36	2:36.50	457	25/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	NW3229	3
200 Individual Medley	2:39.62	2:42.10	444	21/01/12	North Lancashire Age Group & Youth Champs	Blackpool	NW2020	3
400 Individual Medley	5:43.73	5:48.80	427	04/02/12	North Lancashire Age Groups & Youth Meet	Blackpool	NW2021	3
100 Individual Medley	1:14.28	1:14.30	440	04/10/15	North Lancashire Level 2 Meet	Blackpool	NW151378	2