

# Individual Best Times (All Time)

Thomas Barnes - (324172) - City of Sheffield Swim Squad Ltd

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.30	26.50	449	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
100 Freestyle	1:01.05	59.70	452	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
200 Freestyle	2:15.08	2:12.50	430	07/02/10	Yorkshire County Champs	Leeds	CC0037	1
400 Freestyle	4:43.87	4:38.90	465	19/02/11	Yorkshire County Championships	Sheffield	CC1084	1
50 Breaststroke	41.09	40.30	251	24/01/09	City of Leeds New Year Mt	Leeds	NE9099	3
100 Breaststroke	1:29.10	1:27.70	260	28/11/09	Sheffield City B Grade Mt	Sheffield	NE9396	3
50 Butterfly	31.11	30.50	366	18/01/14	Co Leeds New Year Meet 2014	Leeds	NE4019	3
100 Butterfly	1:09.06	1:08.00	367	02/12/12	City of Sheffield Snow Frills Gala	Sheffield	NE2147	3
50 Backstroke	32.63	32.00	375	17/11/12	Sheffield City 24th Annual B Grade Meet	Sheffield	NE2383	3
100 Backstroke	1:12.18	1:11.10	365	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
200 Backstroke	2:35.45	2:33.30	373	31/05/09	Sheffield No Frills Meet	Sheffield	NE9039	1
200 Individual Medley	2:38.47	2:36.00	372	07/02/10	Yorkshire County Champs	Leeds	CC0037	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.60	27.40	435	17/07/11	Rotherham Metro A & B Grade Meet	Sheffield	NE1082	3
100 Freestyle	59.41	1:00.80	429	18/07/10	Rotherham Metro A&B Meet	Sheffield	NE0076	3
200 Freestyle	2:10.47	2:13.10	441	16/07/11	Rotherham Metro A & B Grade Meet	Sheffield	NE1082	3
400 Freestyle	4:39.47	4:44.40	438	08/01/11	Chesterfield Xmas Meet	Chesterfield	EM1196	3
50 Breaststroke	40.65	41.40	231	12/12/09	Boro of Barnsley Xmas Meet	Sheffield	NE9672	3
100 Breaststroke	1:27.42	1:28.90	252	26/04/09	City of Derby Open Meet	Derby	EM9068	2
200 Breaststroke	3:24.71	3:27.30	202	15/12/07	Chesterfield Xmas Meet	Chesterfield	EM7240	3
50 Butterfly	30.50	31.10	362	14/07/12	Rotherham Metro ASC L3 Short Course Meet	Sheffield	NE2071	3
100 Butterfly	1:07.00	1:08.10	362	14/07/12	Rotherham Metro ASC L3 Short Course Meet	Sheffield	NE2071	3
50 Backstroke	31.58	32.20	343	24/06/12	Retford SC 19th Annual Open Meet	Sheffield	EM2407	3
100 Backstroke	1:08.49	1:09.70	351	14/10/12	Yorkshire SA Winter Competition 2012	Sheffield	NE2844	2
200 Backstroke	2:29.47	2:31.70	352	17/04/11	City of Derby Open Meet	Derby	EM1005	2
200 Individual Medley	2:29.74	2:32.30	392	08/01/11	Chesterfield Xmas Meet	Chesterfield	EM1196	3
400 Individual Medley	6:19.01	6:23.60	237	06/04/07	Weston-Super-Mare Easter	Weston-Super-Mare	SW7069	2
100 Individual Medley	1:10.07	1:10.10	347	16/07/11	Rotherham Metro A & B Grade Meet	Sheffield	NE1082	3