

Individual Best Times (All Time)

Nicola Ribeiro - (323299) - Borough Of Stockton Swim Scheme

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.21	28.50	528	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
100 Freestyle	1:03.21	1:01.90	547	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
200 Freestyle	2:17.53	2:15.00	552	17/02/13	Northumberland & Durham County Champs	Sunderland	CC3096	1
400 Freestyle	5:14.34	5:09.80	419	08/10/11	Borough of Stockton Swim Scheme Gala	Leeds	NE1439	1
800 Freestyle	10:31.46	10:22.20	452	25/02/12	Northumberland & Durham Championships	Sunderland	CC2039	1
50 Breaststroke	33.62	32.70	652	26/01/14	Northern Area Zonal Meet 2014	Sheffield	ZM4403	1
100 Breaststroke	1:14.64	1:12.90	634	14/03/15	Edinburgh International 2015	Edinburgh	SCO954	1
200 Breaststroke	2:51.00	2:47.90	520	22/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
50 Butterfly	32.52	31.90	423	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
100 Butterfly	1:23.75	1:22.80	290	15/01/12	City of Sunderland New Year Meet	Sunderland	NE2185	3
50 Backstroke	35.66	35.10	427	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
100 Backstroke	1:16.03	1:15.00	428	17/02/13	Northumberland & Durham County Champs	Sunderland	CC3096	1
200 Backstroke	2:52.96	2:51.00	360	09/10/11	Borough of Stockton Swim Scheme Gala	Leeds	NE1439	1
200 Individual Medley	2:35.38	2:32.80	534	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
400 Individual Medley	6:10.51	6:05.70	369	26/03/11	City of Sunderland Spring Meet	Sunderland	NE1256	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.34	30.00	477	01/12/12	ASA North East Region Senior & Junior Meet	Sunderland	NER228	2
100 Freestyle	1:02.49	1:03.80	519	01/12/13	ASA North East Region Senior & Junior Meet	Sunderland	NER327	2
200 Freestyle	2:14.22	2:16.80	555	28/10/12	Middlesbrough Halloween Meet	Middlesbrough	NE2532	2
400 Freestyle	5:12.28	5:16.70	406	18/09/11	South Tyneside September Meet	Hebburn	NE1540	4
800 Freestyle	10:17.57	10:26.90	462	03/11/13	BOSSS 800 1500m Time Trial	Billingham	NE3923	4
50 Breaststroke	33.32	34.20	617	01/12/13	ASA North East Region Senior & Junior Meet	Sunderland	NER327	2
100 Breaststroke	1:13.56	1:15.30	609	06/12/14	ASANER BG Regional Senior & Youth Champs	Sunderland	NER429	2
200 Breaststroke	2:46.35	2:49.50	529	17/11/13	Borough of Stockton Winter Festival	Billingham	NE3706	3
50 Butterfly	31.51	32.10	463	01/12/13	ASA North East Region Senior & Junior Meet	Sunderland	NER327	2
100 Butterfly	1:12.63	1:13.70	412	21/09/13	Richmond Dales Level 3 Meet	Durham	NE3654	3
50 Backstroke	36.03	36.60	344	18/09/11	South Tyneside September Meet	Hebburn	NE1540	4
100 Backstroke	1:12.11	1:13.20	441	13/05/12	Middlesbrough 11th Open Meet	Middlesbrough	NE2183	2
200 Backstroke	2:37.36	2:39.50	431	22/09/13	Richmond Dales Level 3 Meet	Durham	NE3654	3
200 Individual Medley	2:33.35	2:35.90	501	21/09/13	Richmond Dales Level 3 Meet	Durham	NE3654	3
100 Individual Medley	1:14.54	1:14.50	435	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3