

Individual Best Times (All Time)

Krissy Tomlinson - (321033) - Ilkeston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.85	28.10	548	11/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
100 Freestyle	1:01.06	59.70	607	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
200 Freestyle	2:14.47	2:11.90	591	13/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
400 Freestyle	4:45.02	4:40.10	563	08/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1
800 Freestyle	9:51.63	9:41.80	550	08/06/13	Midland Age Groups Championships	Coventry	WMR317	1
50 Breaststroke	37.86	37.00	456	06/12/15	Derbyshire ASA County Long Course Competition 2015	Sheffield	EM152100	3
100 Breaststroke	1:24.87	1:23.40	431	03/06/12	Midlands Age Group Championships	Coventry	WMR208	1
200 Breaststroke	3:03.75	3:00.90	419	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	NW2117	1
50 Butterfly	30.41	29.80	518	02/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
100 Butterfly	1:09.03	1:07.90	519	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
50 Backstroke	33.51	32.90	514	04/12/16	Derbyshire ASA 2016 Long Course Competition	Sheffield	EM161371	3
100 Backstroke	1:11.90	1:10.80	506	22/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	EM3630	1
200 Backstroke	2:35.77	2:33.60	494	08/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
200 Individual Medley	2:36.17	2:33.60	526	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE150212	1
400 Individual Medley	5:31.88	5:26.50	514	14/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.79	28.50	561	16/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	EM161876	2
100 Freestyle	59.95	1:01.30	588	06/11/16	Midland Short Course Championships 2016	Nottingham	EM162223	2
200 Freestyle	2:09.60	2:12.20	616	16/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	EM161876	2
400 Freestyle	4:37.98	4:43.00	576	03/03/13	Derbyshire Youth & Age Group County Champs	Matlock	CC3091	2
800 Freestyle	9:37.66	9:47.60	564	23/02/13	Derbyshire ASA Championships	CC3090	CC3090	2
50 Breaststroke	37.38	38.20	437	21/02/15	Derbyshire ASA 2015 Championships	Matlock	CC150348	2
100 Breaststroke	1:20.37	1:21.90	467	22/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
200 Breaststroke	2:55.79	2:58.80	448	03/03/13	Derbyshire Youth & Age Group County Champs	Matlock	CC3091	2
50 Butterfly	30.45	31.10	513	08/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
100 Butterfly	1:07.26	1:08.40	518	19/12/15	Chesterfield Winter Open Championships	Chesterfield	EM152362	3
200 Butterfly	2:34.93	2:37.00	460	02/03/13	Derbyshire Youth & Age Group County Champs	Matlock	CC3091	2
50 Backstroke	32.24	32.90	480	20/12/15	Chesterfield Winter Open Championships	Chesterfield	EM152362	3
100 Backstroke	1:08.82	1:10.00	507	05/11/16	Midland Short Course Championships 2016	Nottingham	EM162223	2
200 Backstroke	2:28.03	2:30.30	518	23/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
200 Individual Medley	2:29.65	2:32.30	539	22/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
400 Individual Medley	5:22.65	5:28.10	516	23/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
100 Individual Medley	1:08.63	1:08.60	558	27/02/16	Derbyshire 2016 County, Youth and Age Group Champs	Matlock	EM160267	2