

Individual Best Times (All Time)

Oliver Swallow - (319763) - Halstead Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.50	33.90	222	23/03/08	City of Norwich Easter Mt	Norwich	ER8089	2
100 Freestyle	1:18.19	1:17.10	215	08/06/08	East Region Bagcat Champs	Norwich	ERX811	1
200 Freestyle	2:53.34	2:51.30	203	23/03/08	City of Norwich Easter Mt	Norwich	ER8089	2
50 Breaststroke	50.02	49.40	139	23/03/08	City of Norwich Easter Mt	Norwich	ER8089	2
100 Backstroke	1:29.85	1:28.90	189	08/06/08	East Region Bagcat Champs	Norwich	ERX811	1
200 Backstroke	3:08.78	3:07.00	208	23/03/08	City of Norwich Easter Mt	Norwich	ER8089	2
200 Individual Medley	3:26.54	3:24.60	168	08/06/08	East Region Bagcat Champs	Norwich	ERX811	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.14	26.90	458	15/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
100 Freestyle	57.83	59.30	466	04/10/14	Halstead Club Championships	Halstead	ER4967	4
200 Freestyle	2:08.06	2:10.70	467	26/09/14	Halstead Club Championships	Halstead	ER4966	4
400 Freestyle	4:41.36	4:46.30	429	10/10/14	Halstead Club Championships	Halstead	ER4968	4
50 Breaststroke	35.22	36.10	355	24/03/13	Essex County Age Group Championships	Basildon	CC3021	2
100 Breaststroke	1:19.30	1:20.90	338	04/10/14	Halstead Club Championships	Halstead	ER4967	4
200 Breaststroke	2:57.61	3:00.60	309	27/09/13	Halstead SC Club Championships	Halstead	ER3649	4
50 Butterfly	29.66	30.30	394	26/09/14	Halstead Club Championships	Halstead	ER4966	4
100 Butterfly	1:06.46	1:07.60	371	11/10/14	National Arena League London Div 1 & 2	Luton	ER14046	3
200 Butterfly	2:40.71	2:42.70	293	04/10/13	Halstead SC Club Championships	Halstead	ER3649	4
50 Backstroke	31.36	32.00	350	04/10/14	Halstead Club Championships	Halstead	ER4967	4
100 Backstroke	1:08.02	1:09.20	358	03/10/14	Halstead Club Championships	Halstead	ER4967	4
200 Backstroke	2:34.31	2:36.50	320	28/09/13	Halstead SC Club Championships	Halstead	ER3649	4
200 Individual Medley	2:27.74	2:30.40	408	11/10/14	National Arena League London Div 1 & 2	Luton	ER14046	3
100 Individual Medley	1:07.21	1:07.20	394	24/09/16	Halstead Club Championships	Halstead	ER161634	4