

Individual Best Times (All Time)

Tomos Warren - (318168) - Denbighshire Development Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.48	26.70	440	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
100 Freestyle	1:01.24	59.90	448	13/04/09	Welsh Age & Youth Champs	Swansea	WAL229	1
200 Freestyle	2:21.75	2:19.30	372	10/04/09	Welsh Age & Youth Champs	Swansea	WAL229	1
50 Butterfly	30.09	29.50	405	16/05/09	City of Manchester Open	Manchester	NW9264	1
50 Backstroke	31.59	30.90	414	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
100 Backstroke	1:11.16	1:10.00	381	10/04/09	Welsh Age & Youth Champs	Swansea	WAL229	1
200 Backstroke	2:41.12	2:39.00	335	12/04/09	Welsh Age & Youth Champs	Swansea	WAL229	1
200 Individual Medley	2:47.46	2:45.10	315	12/04/09	Welsh Age & Youth Champs	Swansea	WAL229	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.68	26.50	483	29/05/10	Conwyn Whitsun Meet	Llandudno	WAL301	1
100 Freestyle	57.23	58.70	480	30/05/10	Conwyn Whitsun Meet	Llandudno	WAL301	1
200 Freestyle	2:10.56	2:13.20	440	27/06/09	Bangor Summer Open	Bangor	WAL243	2
400 Freestyle	4:45.82	4:50.70	409	06/12/09	North Sub Regional Champ	Llandudno	WAL270	4
50 Breaststroke	36.47	37.30	320	03/07/10	Holywell Sprint Meet	Holywell	WAL308	3
100 Breaststroke	1:20.32	1:21.90	326	24/10/09	Holywell Geoff Drew Meet	Holywell	WAL256	3
50 Butterfly	29.64	30.30	395	16/01/10	Holywell Valentine	Holywell	WAL274	1
100 Butterfly	1:08.51	1:09.60	339	06/02/10	Swim Wales North Regional	Llandudno	WAL282	1
50 Backstroke	28.45	29.10	469	16/01/11	Holywell Valentine Meet	Holywell	WAL336	1
100 Backstroke	1:02.80	1:04.10	455	09/02/10	Swim Wales North Regional	Llandudno	WAL282	1
200 Backstroke	2:21.84	2:24.20	413	29/05/10	Conwyn Whitsun Meet	Llandudno	WAL301	1
200 Individual Medley	2:29.20	2:31.80	396	07/02/10	Swim Wales North Regional	Llandudno	WAL282	1
100 Individual Medley	1:09.17	1:09.20	361	27/06/09	Bangor Summer Open	Bangor	WAL243	2