

Individual Best Times (All Time)

Sam Swaby - (312884) - Louth Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.82	25.00	531	16/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	EM160127	1
100 Freestyle	58.92	57.50	503	04/05/13	Midland Youth Championships	Corby	WMR315	1
200 Freestyle	2:14.49	2:11.90	436	01/12/12	City of Sheffield Snow Frills Gala	Sheffield	NE2147	3
50 Breaststroke	32.30	31.30	518	16/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	EM160127	1
100 Breaststroke	1:12.90	1:11.20	475	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	EM160127	1
200 Breaststroke	2:44.74	2:41.50	441	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	NE3174	3
50 Butterfly	29.18	28.50	444	05/07/14	16th Netherlands Invitational Meet	Holland	GBR041	1
100 Butterfly	1:09.62	1:08.50	358	05/07/14	16th Netherlands Invitational Meet	Holland	GBR041	1
50 Backstroke	30.76	30.10	448	07/02/15	Derwentio Excel February Festival	Sheffield	EM150033	1
100 Backstroke	1:12.37	1:11.30	362	02/12/12	City of Sheffield Snow Frills Gala	Sheffield	NE2147	3
200 Backstroke	3:25.85	3:24.20	160	18/01/09	Rotherham Metro A B Graded	Sheffield	NE9006	3
200 Individual Medley	2:29.79	2:27.10	440	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	NE3174	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.33	26.10	504	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
100 Freestyle	57.30	58.70	479	22/03/14	63rd Annual Lincolnshire County Champs	Louth	CC4016	2
200 Freestyle	2:10.10	2:12.70	445	16/03/13	Lincolnshire County Championships	Louth	CC3003	2
400 Freestyle	4:39.73	4:44.70	436	23/11/12	Louth Dolphins SC Club Championships	Louth	EM2825	4
50 Breaststroke	31.79	32.80	483	22/03/14	63rd Annual Lincolnshire County Champs	Louth	CC4016	2
100 Breaststroke	1:09.48	1:11.30	503	29/11/15	Louth Annual Club Championships	Louth	EM152329	4
200 Breaststroke	2:35.35	2:38.70	462	08/03/14	63rd Annual Lincolnshire County Champs	Louth	CC4016	2
50 Butterfly	28.78	29.40	431	07/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
100 Butterfly	1:06.87	1:08.00	364	23/11/14	Louth Club Championships	Louth	EM14588	4
50 Backstroke	29.76	30.40	410	21/06/15	Louth Dolphins Sportsman's Week 2015	Louth	EM151339	4
100 Backstroke	1:07.23	1:08.40	371	30/11/14	Louth Club Championships	Louth	EM14590	4
200 Backstroke	2:42.00	2:44.00	277	04/03/12	Lincolnshire County Championships	Louth	CC2036	2
200 Individual Medley	2:22.97	2:25.70	450	09/03/14	63rd Annual Lincolnshire County Champs	Louth	CC4016	2
100 Individual Medley	1:03.68	1:03.70	463	21/06/15	Louth Dolphins Sportsman's Week 2015	Louth	EM151339	4