

Individual Best Times (All Time)

Deana Levy - (305157) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.05	30.40	439	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Freestyle	1:08.80	1:07.60	424	18/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
50 Breaststroke	39.96	39.20	388	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
100 Breaststroke	1:30.23	1:28.80	359	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.47	31.10	426	20/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
100 Freestyle	1:06.78	1:08.00	426	18/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	LR161365	3
200 Freestyle	2:23.15	2:25.60	457	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
400 Freestyle	5:01.98	5:06.60	449	25/06/14	Epping Forest District Club Championships	Loughton	ER4562	4
800 Freestyle	10:23.12	10:32.30	449	28/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
50 Breaststroke	39.02	39.80	384	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	LR160131	3
100 Breaststroke	1:26.48	1:27.90	374	22/11/15	Epping Forest District Club Championships	Loughton	ER151120	4
200 Breaststroke	3:07.86	3:10.70	367	16/11/14	Epping Forest District Club Championships	Loughton	ER4562	4
50 Butterfly	36.06	36.60	309	21/06/14	Harlow Penguins 3rd Eric Shepherd Open Meet	Harlow	ER4420	3
100 Butterfly	1:28.72	1:29.60	226	13/11/16	Epping Forest Club Championships	Loughton	ER161337	4
200 Butterfly	3:32.55	3:34.00	178	13/09/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151113	4
50 Backstroke	36.82	37.40	322	19/06/16	Epping Forest Club Championships	Loughton	ER161332	4
100 Backstroke	1:20.18	1:21.20	320	11/12/16	Epping Forest Club Championships	Loughton	ER161339	4
200 Backstroke	2:51.20	2:53.10	335	18/10/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151115	4
200 Individual Medley	2:50.83	2:53.10	362	02/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
400 Individual Medley	6:08.37	6:13.10	347	02/12/15	Epping Forest District Club Championships	Loughton	ER151121	4
100 Individual Medley	1:18.20	1:18.20	377	08/10/14	Epping Forest District Club Championships	Loughton	ER4562	4