

# Individual Best Times (All Time)

Andrew Aitken - (29457) - Lerwick ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Butterfly	1:11.22	1:10.10	334	25/01/03	Scottish Schools Championships	Glasgow	SCO091	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.92	27.70	419	30/06/03	Island Games	Guernsey	DMS149	2
100 Freestyle	59.08	1:00.50	437	10/04/05	SASA North District Age Groups	Inverness	SCO158	2
200 Freestyle	2:13.21	2:15.80	415	18/01/03	SAS Junior Meet 2003	Westhill	SCO093	2
400 Freestyle	4:51.56	4:56.30	385	17/06/18	2108 T L Dallas Midsummer Meet	Clickimin	SCO1490	2
1500 Freestyle	19:48.12	20:05.40	362	16/09/18	Shetland distance time trial 2 2018	Clickimin	SCO1512	2
50 Breaststroke	36.08	36.90	330	30/06/03	Island Games	Guernsey	DMS149	2
100 Breaststroke	1:30.93	1:32.30	224	09/04/00	SASA North District Age Groups	unknown	SCO032	2
200 Breaststroke	3:02.30	3:05.20	286	19/01/03	SAS Junior Meet 2003	Westhill	SCO093	2
50 Butterfly	29.93	30.60	383	18/01/03	SAS Junior Meet 2003	Westhill	SCO093	2
100 Butterfly	1:07.18	1:08.30	359	10/04/05	SASA North District Age Groups	Inverness	SCO158	2
200 Butterfly	2:38.97	2:40.90	303	11/07/05	Natwest Island Games	Shetland	SCO168	2
50 Backstroke	33.42	34.00	289	19/01/03	SAS Junior Meet 2003	Westhill	SCO093	2
200 Individual Medley	2:37.56	2:40.00	336	30/06/03	Island Games	Guernsey	DMS149	2
400 Individual Medley	5:40.86	5:46.00	326	30/06/03	Island Games	Guernsey	DMS149	2