

# Individual Best Times (All Time)

James Chater - (293027) - Rushmoor Royals SC

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                     | Venue          | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--------------------------|----------------|---------|-------|
| 50 Freestyle          | 26.97   | 26.20           | 466       | 06/12/09 | Northampton Winter Meet  | Corby          | EM9565  | 1     |
| 100 Freestyle         | 56.37   | 54.90           | 574       | 23/07/09 | British Gas Nat Age Grps | Sheffield      | ASA092  | 1     |
| 200 Freestyle         | 2:01.70 | 1:58.80         | 588       | 25/07/09 | British Gas Nat Age Grps | Sheffield      | ASA092  | 1     |
| 400 Freestyle         | 4:38.50 | 4:33.40         | 493       | 10/05/09 | Beckenham Open Meet      | Crystal Palace | LR9166  | 2     |
| 50 Breaststroke       | 33.90   | 33.00           | 448       | 09/05/09 | Beckenham Open Meet      | Crystal Palace | LR9166  | 2     |
| 100 Breaststroke      | 1:11.33 | 1:09.50         | 507       | 06/12/09 | Northampton Winter Meet  | Corby          | EM9565  | 1     |
| 200 Breaststroke      | 2:35.85 | 2:32.40         | 521       | 22/07/09 | British Gas Nat Age Grps | Sheffield      | ASA092  | 1     |
| 50 Butterfly          | 30.02   | 29.40           | 408       | 10/05/09 | Beckenham Open Meet      | Crystal Palace | LR9166  | 2     |
| 100 Butterfly         | 1:04.77 | 1:03.60         | 445       | 20/06/10 | BG South West Age Groups | Millfield      | SWR006  | 1     |
| 200 Butterfly         | 2:58.19 | 2:56.40         | 237       | 15/06/08 | SE Region Bagcat Champs  | Crawley        | SER824  | 1     |
| 50 Backstroke         | 34.43   | 33.80           | 320       | 14/02/09 | Wycombe District Annual  | High Wycombe   | SE9084  | 2     |
| 100 Backstroke        | 1:15.42 | 1:14.30         | 320       | 09/05/09 | Beckenham Open Meet      | Crystal Palace | LR9166  | 2     |
| 200 Backstroke        | 2:48.17 | 2:46.20         | 294       | 02/06/07 | South East Age Groups    | Crawley        | SER715  | 1     |
| 200 Individual Medley | 2:21.29 | 2:18.50         | 525       | 23/07/09 | British Gas Nat Age Grps | Sheffield      | ASA092  | 1     |
| 400 Individual Medley | 5:09.47 | 5:03.70         | 481       | 26/07/09 | British Gas Nat Age Grps | Sheffield      | ASA092  | 1     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                       | Venue                | License | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------|----------------------|---------|-------|
| 50 Freestyle          | 26.05   | 26.80           | 463       | 06/11/10 | South West Region Champs   | Millfield            | SWR007  | 2     |
| 100 Freestyle         | 56.33   | 57.80           | 504       | 12/04/09 | Reading Easter Open        | Reading              | SE9112  | 2     |
| 200 Freestyle         | 2:01.68 | 2:04.50         | 544       | 12/04/09 | Reading Easter Open        | Reading              | SE9112  | 2     |
| 400 Freestyle         | 4:36.49 | 4:41.50         | 452       | 22/02/09 | Somerset County Champs     | Hutton Moor          | CC9033  | 2     |
| 50 Breaststroke       | 33.46   | 34.40           | 414       | 06/11/10 | South West Region Champs   | Millfield            | SWR007  | 2     |
| 100 Breaststroke      | 1:09.39 | 1:11.20         | 505       | 28/11/10 | Stockport Metro Open Meet  | Stockport            | NW0518  | 2     |
| 200 Breaststroke      | 2:32.36 | 2:35.80         | 490       | 27/11/10 | Stockport Metro Open Meet  | Stockport            | NW0518  | 2     |
| 50 Butterfly          | 29.19   | 29.80           | 413       | 13/03/10 | Somerset County Champs     | Hutton Moor          | CC0118  | 2     |
| 100 Butterfly         | 1:05.05 | 1:06.20         | 396       | 06/03/10 | Somerset County Champs     | Hutton Moor          | CC0117  | 2     |
| 200 Butterfly         | 2:46.33 | 2:48.20         | 265       | 26/04/08 | Littlehampton Qualifier    | Portsmouth           | SE8192  | 2     |
| 50 Backstroke         | 31.65   | 32.30           | 340       | 13/03/10 | Somerset County Champs     | Hutton Moor          | CC0118  | 2     |
| 100 Backstroke        | 1:07.38 | 1:08.60         | 369       | 21/02/10 | Somerset County Champs     | Hutton Moor          | CC0116  | 2     |
| 200 Backstroke        | 2:24.68 | 2:27.00         | 389       | 21/02/10 | Somerset County Champs     | Hutton Moor          | CC0116  | 2     |
| 200 Individual Medley | 2:21.28 | 2:24.00         | 467       | 27/11/10 | Stockport Metro Open Meet  | Stockport            | NW0518  | 2     |
| 400 Individual Medley | 5:00.64 | 5:06.40         | 476       | 16/05/09 | Hatfield UK Challenge 2009 | Herts Sports Village | ER9263  | 1     |
| 100 Individual Medley | 1:05.30 | 1:05.30         | 429       | 02/04/10 | Reading Easter Meet        | Reading              | SE0100  | 2     |