

# Individual Best Times (All Time)

Laura Kinley - (292797) - Isle of Man Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.03	26.20	666	12/12/15	Amsterdam Cup 2015	Amsterdam, Holland	INT323	1
100 Freestyle	59.16	57.70	667	30/01/16	Burns Open Meet 2016	Sheffield	NE160170	1
200 Freestyle	2:14.99	2:12.40	584	15/12/12	City of Manchester Snow Pen 2012	Manchester	NW2496	1
50 Breaststroke	31.97	31.00	758	24/07/14	Commonwealth Games 2014	Glasgow	INT302	1
100 Breaststroke	1:09.71	1:07.90	778	08/04/18	Commonwealth Games 2018	Brisbane, Australia	INT354	1
200 Breaststroke	2:32.71	2:29.20	730	18/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
50 Butterfly	31.11	30.50	484	09/02/13	Derventio February Festival	Sheffield	EM3053	1
50 Backstroke	34.64	34.10	466	05/05/12	North West Region Youth Champs	Manchester	NWR210	1
100 Backstroke	1:22.06	1:21.10	340	27/06/10	City of Liverpool Summer Meet	Liverpool	NW0015	3
200 Individual Medley	2:33.56	2:31.00	554	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.37	27.10	657	20/12/15	ASA Winter Meet	Sheffield	ASA146	2
100 Freestyle	57.45	58.90	669	22/10/16	Manchester International 2016	Manchester	NW161951	2
200 Freestyle	2:06.16	2:08.90	668	31/10/15	2015 Isle of Man November Swimming Championships	Douglas	NW152270	2
400 Freestyle	4:29.52	4:34.70	632	01/11/15	2015 Isle of Man November Swimming Championships	Douglas	NW152270	2
800 Freestyle	9:29.18	9:39.20	590	28/10/15	2015 Isle of Man November Swimming Championships	Douglas	NW152269	2
50 Breaststroke	31.06	32.10	762	14/05/22	IoM SA Utmost Wealth Solutions League Match Series	Douglas	NW220662	3
100 Breaststroke	1:08.17	1:10.00	765	17/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
200 Breaststroke	2:27.79	2:31.30	754	14/11/15	BUCS Short Course Championships	Sheffield	NE151867	2
50 Butterfly	29.64	30.30	556	20/11/22	Utmost IOM Swimming Championships 2022	Douglas, IOM	NW222486	3
100 Butterfly	1:08.71	1:09.80	486	17/03/13	Isle of Man Swimming Championships	Douglas	NW3202	2
50 Backstroke	32.81	33.40	455	06/10/12	IOMSA League Match Series	Douglas	NW2725	3
100 Backstroke	1:10.24	1:11.40	477	17/03/12	Isle of Man Swimming Association Champs	Douglas	NW2204	2
200 Backstroke	2:28.40	2:30.60	514	25/03/12	Isle of Man Swimming Assoc Champs	Douglas	NW2205	2
200 Individual Medley	2:25.05	2:27.70	592	19/01/13	IOMSA League Match Series	Douglas	NW3076	3
400 Individual Medley	5:14.52	5:20.10	558	16/03/12	Isle of Man Swimming Association Champs	Douglas	NW2204	2
100 Individual Medley	1:05.41	1:05.40	644	13/07/23	NatWest International Island Games XIX	Guernsey	GBR2087	2