

Individual Best Times (All Time)

Joshua Newman - (291207) - Stratford Sharks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.22	27.50	406	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
100 Freestyle	1:03.02	1:01.70	411	16/03/13	Warwickshire County Championships	Coventry	CC3009	1
200 Freestyle	2:20.90	2:18.40	379	10/03/12	Warwickshire County Championships	Coventry	CC2006	1
400 Freestyle	5:11.82	5:07.30	351	15/03/08	Warwickshire County Champs	Coventry	CC8026	2
50 Breaststroke	35.89	35.00	377	08/03/14	Warwickshire ASA County Championships	Coventry	CC4005	1
100 Breaststroke	1:20.88	1:19.30	347	03/03/12	Warwickshire County Championships	Coventry	CC2005	1
200 Breaststroke	2:56.47	2:53.50	359	17/03/12	Warwickshire County Championships	Coventry	CC2007	1
50 Butterfly	33.92	33.40	283	20/03/10	Warwickshire County Champs	Coventry	CC0007	1
100 Butterfly	1:12.41	1:11.40	318	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
50 Backstroke	38.55	38.00	227	21/03/09	Warwickshire County Champ	Coventry	CC9015	2
200 Individual Medley	2:38.54	2:36.00	371	16/03/13	Warwickshire County Championships	Coventry	CC3009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.54	27.30	438	20/12/14	Stratford Sharks Club Sprint Night	Leamington Spa	WM14657	4
100 Freestyle	59.16	1:00.60	435	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
200 Freestyle	2:13.29	2:15.90	414	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
400 Freestyle	4:45.21	4:50.10	412	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
50 Breaststroke	33.84	34.80	400	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
100 Breaststroke	1:15.45	1:17.10	393	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
200 Breaststroke	2:43.79	2:47.00	394	26/11/11	Nuneaton & Bedworth 100 200 400 Open Mt	Nuneaton	WM1048	2
50 Butterfly	30.00	30.60	381	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
100 Butterfly	1:07.72	1:08.80	351	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
50 Backstroke	34.84	35.40	255	12/02/12	Rugby SC Peri Sprints Meet	Rugby	WM2162	3
100 Backstroke	1:16.07	1:17.10	256	03/11/12	Stratford Sharks SC Club Championships	Stratford	WM2655	4
200 Backstroke	2:39.22	2:41.30	291	19/05/12	Coventry & District ASC Secondary Gala	Nuneaton	WM2265	3
200 Individual Medley	2:29.89	2:32.50	391	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
400 Individual Medley	5:33.98	5:39.20	347	10/02/13	Rugby Open Meet 2013	Rugby	WM3083	3
100 Individual Medley	1:11.40	1:11.40	328	20/12/14	Stratford Sharks Club Sprint Night	Leamington Spa	WM14657	4