

# Individual Best Times (All Time)

Megan Tinsdale - (284623) - City of Cardiff

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.30	26.50	646	18/05/14	Northampton SC Spring Festival Open Meet	Corby	EM4052	1
100 Freestyle	59.43	58.00	658	19/05/12	Northampton SC May Open Meet	Corby	EM2253	1
200 Freestyle	2:11.84	2:09.20	627	29/05/15	Cardiff International Open Meet 2015	Cardiff	WL150515	1
400 Freestyle	4:54.99	4:50.20	508	06/06/10	BG Midland Age Groups	Coventry	WMR015	1
800 Freestyle	10:20.39	10:11.00	477	15/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
50 Breaststroke	38.42	37.60	437	16/11/14	Welsh Capital Open Meet	Cardiff	WAL608	1
100 Breaststroke	1:29.24	1:27.80	371	27/11/10	Welsh Capital One Meet	Cardiff	WAL330	2
200 Breaststroke	3:12.79	3:10.00	363	06/06/09	The Midlands Age Groups	Coventry	WMR916	1
50 Butterfly	30.63	30.00	507	15/11/14	Welsh Capital Open Meet	Cardiff	WAL608	1
100 Butterfly	1:09.44	1:08.30	510	05/04/14	City of Bristol Level 1 Open Meet	Hengrove	SW4135	1
50 Backstroke	32.87	32.30	545	17/05/14	Northampton SC Spring Festival Open Meet	Corby	EM4052	1
100 Backstroke	1:11.41	1:10.30	517	17/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
200 Backstroke	2:38.27	2:36.10	470	17/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
200 Individual Medley	2:30.45	2:27.80	589	03/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.89	27.70	620	14/11/15	BUCS Short Course Championships	Sheffield	NE151867	2
100 Freestyle	58.48	59.90	634	21/10/12	BG ASA National County Team Division 2	Sheffield	ASA122	2
200 Freestyle	2:07.28	2:10.00	650	24/03/12	Worcester County Championships	Wolverhampton	CC2009	2
400 Freestyle	4:41.65	4:46.60	553	06/10/13	Gloucester City SC Level 3 Open Meet	Gloucester	SW3691	3
800 Freestyle	9:47.13	9:56.90	537	04/02/12	Worcester County Championships	Hereford	CC2008	2
1500 Freestyle	19:33.44	19:50.90	463	21/02/10	Worcestershire County Champs	Hereford	CC0009	2
50 Breaststroke	37.32	38.20	439	06/07/14	Boldmere SC Water Carnival	Birmingham	WM4563	3
100 Breaststroke	1:21.04	1:22.60	455	09/03/14	Worcester County Championships	Wolverhampton	CC4002	2
200 Breaststroke	3:03.34	3:06.20	395	13/03/10	Worcestershire County Championships	Worcester	CC0010	2
50 Butterfly	31.02	31.60	485	01/03/14	Worcester County Championships	Wolverhampton	CC4001	2
100 Butterfly	1:09.13	1:10.20	477	05/10/13	Gloucester City SC Level 3 Open Meet	Gloucester	SW3691	3
50 Backstroke	31.48	32.10	516	02/03/14	Worcester County Championships	Wolverhampton	CC4001	2
100 Backstroke	1:08.03	1:09.20	525	03/03/13	Worcester County Championships	Wolverhampton	CC3004	2
200 Backstroke	2:27.03	2:29.30	529	09/03/14	Worcester County Championships	Wolverhampton	CC4002	2
200 Individual Medley	2:30.46	2:33.10	531	14/12/14	Wyre Forest Christmas County Qualifier Meet	Wolverhampton	WM4793	3
400 Individual Medley	5:23.78	5:29.20	511	25/02/12	Worcester County Championships	Wolverhampton	CC2009	2
100 Individual Medley	1:09.72	1:09.70	532	24/03/12	Worcester County Championships	Wolverhampton	CC2009	2