

Individual Best Times (All Time)

James Hegarty - (282906) - Epsom District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.06	26.30	461	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
100 Freestyle	1:04.03	1:02.70	391	10/06/12	ASA SER British Gas Age Group Championship	Crawley	SER217	1
200 Freestyle	2:11.42	2:08.80	467	24/03/13	ESSA South East Region Inter County Gala	Surrey	SE3443	1
400 Freestyle	4:33.94	4:28.80	518	03/03/13	Surrey County Championships	Guildford	CC3039	1
800 Freestyle	9:58.80	9:49.10	430	19/02/11	Surrey County Championships	Guildford	CC1036	1
1500 Freestyle	18:45.62	18:27.10	463	04/02/12	Surrey County Age Group Championships	Surrey	CC2091	1
50 Breaststroke	32.39	31.40	514	23/03/14	BG Surrey County Championships	Crystal Palace	CC4054	1
100 Breaststroke	1:11.84	1:10.10	496	10/05/14	Beckenham International Open Meet	London	LR4343	1
200 Breaststroke	2:41.75	2:38.50	466	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
50 Butterfly	29.89	29.20	413	23/03/13	Surrey Age Group County Champs	Crystal Palace	CC3042	1
50 Backstroke	34.59	34.00	315	23/03/13	Surrey Age Group County Champs	Crystal Palace	CC3042	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.60	26.40	488	07/12/14	Epsom District Autumn Club Championships 2014	Epsom	SE14152	4
100 Freestyle	56.45	57.90	501	22/03/14	BG Surrey County Championships	Guildford	CC4053	2
200 Freestyle	2:05.84	2:08.60	492	16/11/13	Epsom & District Club Championships	Epsom	SE3430	4
400 Freestyle	4:28.19	4:33.40	495	15/11/14	Epsom & District Autumn Club Championships	Epsom	SE14150	4
800 Freestyle	10:13.56	10:22.90	377	12/12/10	Epsom District Champs	Epsom	SE0431	4
1500 Freestyle	18:10.21	18:29.00	468	09/12/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
50 Breaststroke	32.43	33.40	455	07/12/13	ASA South East Region Winter Championships	Portsmouth	SER329	2
100 Breaststroke	1:09.23	1:11.00	509	07/12/14	ASA South East Region Championships	Portsmouth	SER428	2
200 Breaststroke	2:35.29	2:38.60	463	22/03/14	BG Surrey County Championships	Guildford	CC4053	2
50 Butterfly	27.75	28.40	481	07/12/14	Epsom District Autumn Club Championships 2014	Epsom	SE14152	4
100 Butterfly	1:09.08	1:10.20	330	01/12/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
200 Butterfly	2:48.30	2:50.20	255	16/11/13	Epsom & District Club Championships	Epsom	SE3430	4
50 Backstroke	29.86	30.50	405	27/04/14	Epsom District Sprint Championships	Epsom	SE4387	4
100 Backstroke	1:08.77	1:09.90	347	25/11/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
200 Backstroke	2:33.93	2:36.10	323	18/11/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
200 Individual Medley	2:27.20	2:29.90	413	25/11/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
400 Individual Medley	5:24.72	5:30.10	378	19/11/12	Epsom District Swimming Club Autumn Champs	Epsom	SE2363	4
100 Individual Medley	1:02.78	1:02.80	483	27/04/14	Epsom District Sprint Championships	Epsom	SE4387	4