

Individual Best Times (All Time)

Beth Currant - (278397) - Team Luton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.65	27.90	559	04/05/13	ASA East Region Youth Championships	Luton	ERX312	1
100 Freestyle	1:01.25	59.90	601	16/11/13	Team Luton Autumn LC Open Meet	Luton	ER3665	1
200 Freestyle	2:11.86	2:09.20	626	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
400 Freestyle	4:38.59	4:33.50	603	05/05/13	ASA East Region Youth Championships	Luton	ERX312	1
800 Freestyle	9:45.84	9:35.90	566	27/01/13	ASA Central Region Zonal Competition	Corby	ZM3165	1
100 Breaststroke	1:28.10	1:26.70	385	14/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
50 Backstroke	34.39	33.80	476	01/05/11	BG East Region Championships	Norwich	ERX115	1
100 Backstroke	1:10.64	1:09.50	534	22/05/11	Northampton May Open Meet	Corby	EM1236	1
200 Backstroke	2:31.69	2:29.50	534	30/04/11	BG East Region Championships	Norwich	ERX115	1
200 Individual Medley	2:34.30	2:31.70	546	29/01/12	ASA Central Zone Meet	Corby	ZM2130	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.98	28.70	550	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Freestyle	59.38	1:00.80	606	08/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
200 Freestyle	2:07.15	2:09.80	652	11/03/12	Bedfordshire County Championships	Biggleswade	CC2056	2
400 Freestyle	4:29.11	4:34.30	634	16/03/13	Bedfordshire County Championships	Luton	CC3024	2
800 Freestyle	9:20.93	9:31.10	616	18/02/12	Bedfordshire County Championships	Biggleswade	CC2054	2
50 Breaststroke	37.85	38.70	421	08/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
100 Breaststroke	1:21.23	1:22.80	452	25/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
200 Breaststroke	2:58.64	3:01.60	427	30/06/12	Team Luton Club Championships	Luton	ER2463	4
50 Butterfly	32.30	32.90	430	26/05/12	Team Luton Club Championships	Luton	ER2463	4
100 Butterfly	1:11.42	1:12.50	433	09/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
50 Backstroke	33.00	33.60	447	20/03/11	Bedfordshire County Championships	Biggleswade	CC1107	2
100 Backstroke	1:08.39	1:09.60	517	19/03/11	Bedfordshire County Championships	Biggleswade	CC1107	2
200 Backstroke	2:27.76	2:30.00	521	03/12/11	BG East Region Winter Championships	Norwich	ERX129	2
200 Individual Medley	2:27.99	2:30.60	558	25/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
400 Individual Medley	5:32.58	5:37.80	471	08/09/12	Team Luton Club Championships	Luton	ER2463	4
100 Individual Medley	1:09.91	1:09.90	528	26/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2