

Individual Best Times (All Time)

Jospeh Mackinder - (277093) - Team Ipswich Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:01.82	1:00.50	435	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3
100 Backstroke	1:17.32	1:16.30	297	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3
200 Individual Medley	2:43.89	2:41.50	336	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.30	28.10	402	18/09/11	teampswich Novice Season Opener	Ipswich	ER1474	4
100 Freestyle	59.63	1:01.00	425	27/10/12	Colchester Club Championships	Colchester	ER2699	4
200 Freestyle	2:16.34	2:18.90	387	05/11/11	Colchester Club Championships	Colchester	ER1618	4
400 Freestyle	4:54.86	4:59.60	372	10/11/11	Colchester Club Championships	Colchester	ER1618	4
800 Freestyle	11:08.90	11:17.50	291	26/10/10	Colchester Club Champs	Colchester	ER0742	4
1500 Freestyle	20:23.04	20:39.80	332	01/11/11	Colchester Club Championships	Colchester	ER1618	4
50 Breaststroke	38.08	38.90	281	01/12/12	Colchester Club Championships	Colchester	ER2699	4
100 Breaststroke	1:23.19	1:24.70	293	20/10/12	Colchester Club Championships	Colchester	ER2699	4
200 Breaststroke	2:59.48	3:02.40	300	05/11/11	Colchester Club Championships	Colchester	ER1618	4
50 Butterfly	30.37	31.00	367	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	ER2214	3
100 Butterfly	1:11.37	1:12.40	300	27/10/12	Colchester Club Championships	Colchester	ER2699	4
200 Butterfly	3:05.20	3:06.90	192	05/11/11	Colchester Club Championships	Colchester	ER1618	4
50 Backstroke	32.29	32.90	321	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	ER2214	3
100 Backstroke	1:10.35	1:11.50	324	28/05/11	Colchester Open Meet 2011	Colchester	ER1331	3
200 Backstroke	2:34.95	2:37.10	316	18/09/11	teampswich Novice Season Opener	Ipswich	ER1474	4
200 Individual Medley	2:31.89	2:34.50	376	11/11/11	Colchester Club Championships	Colchester	ER1618	4
400 Individual Medley	5:36.58	5:41.80	339	20/11/11	Colchester Club Championships	Colchester	ER1618	4
100 Individual Medley	1:09.33	1:09.30	359	07/07/13	Colchester Open Meet	Colchester	ER3436	3