

Individual Best Times (All Time)

Jerome Richards - (27340) - City of Leeds SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.81	26.00	474	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	BUC005	1
100 Freestyle	1:07.75	1:06.50	330	08/10/05	Yorkshire Winter Age Group	Sheffield	NE5050	1
200 Freestyle	2:34.74	2:32.50	286	09/05/04	Yorkshire ASA Sports Aid Meet	Leeds	L1E089	1
50 Breaststroke	40.88	40.10	255	22/01/05	Rotherham Metro A & B Meet 2005	Sheffield	L3E210	1
100 Breaststroke	1:28.82	1:27.40	262	27/11/04	Sheffield City 2004 Open B Mt	Sheffield	L3E192	1
50 Butterfly	33.66	33.10	289	12/12/04	City of Leeds Christmas Crack	Leeds	L2E149	1
100 Butterfly	1:23.59	1:22.70	207	11/10/03	Yorkshire ASA Winter Age Grps	Sheffield	CTY256	1
50 Backstroke	35.56	35.00	290	24/04/04	Rotherham Metro Age on Day Mt	Sheffield	L1E087	1
100 Backstroke	1:19.53	1:18.50	273	27/11/04	Sheffield City 2004 Open B Mt	Sheffield	L3E192	1
200 Backstroke	2:51.05	2:49.10	280	24/04/04	Rotherham Metro Age on Day Mt	Sheffield	L1E087	1
200 Individual Medley	2:51.82	2:49.50	292	11/12/04	City of Leeds Christmas Crack	Leeds	L2E149	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.41	27.20	444	12/11/11	BUCS Swimming (25m) Championships 2011	Sheffield	BUC004	2
100 Freestyle	1:05.78	1:07.00	316	17/07/05	Rotherham Metro Meet	Metro	L3E212	2
200 Freestyle	2:28.71	2:31.00	298	30/01/05	Harrogate 23rd Open Meet	Harrogate	L1E207	2
50 Breaststroke	39.22	40.00	257	17/07/05	Rotherham Metro Meet	Metro	L3E212	2
100 Breaststroke	1:33.82	1:35.20	204	13/06/04	Harrogate District B Meet	Harrogate	L3E135	2
200 Breaststroke	3:25.17	3:27.70	200	01/02/03	21st Harrogate Open Meet	The Hydro	DME078	2
50 Butterfly	32.34	32.90	304	23/10/05	Harrogate Junior Open Mt	Harrogate	NE5027	1
100 Butterfly	1:15.66	1:16.70	251	16/07/05	Rotherham Metro Meet	Metro	L3E212	2
50 Backstroke	36.00	36.60	231	16/07/05	Rotherham Metro Meet	Metro	L3E212	2
100 Backstroke	1:17.87	1:18.90	239	13/06/04	Harrogate District B Meet	Harrogate	L3E135	2
200 Individual Medley	2:49.09	2:51.40	272	18/04/04	Harrogate Spa Town Distance Mt	Harrogate	L2E085	2
100 Individual Medley	1:15.24	1:15.20	280	16/07/05	Rotherham Metro Meet	Metro	L3E212	2