

Individual Best Times (All Time)

Anna Ross - (270989) - Fareham Nomads SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.73	31.10	411	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Freestyle	1:17.74	1:16.70	294	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	SE3309	3
200 Freestyle	2:30.03	2:27.70	425	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
400 Freestyle	5:20.55	5:16.10	395	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
50 Breaststroke	47.15	46.50	236	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	SE3309	3
100 Breaststroke	1:45.17	1:44.00	226	13/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	SE3309	3
200 Breaststroke	4:00.93	3:58.70	186	12/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	SE3143	1
50 Backstroke	35.25	34.70	442	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Backstroke	1:15.76	1:14.70	433	20/07/16	IAG Championships & Summer Open 2016	Dublin	GBR381	1
200 Backstroke	2:45.88	2:43.90	409	20/07/16	IAG Championships & Summer Open 2016	Dublin	GBR381	1
200 Individual Medley	2:50.62	2:48.30	403	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.04	30.70	444	09/04/16	Basingstoke Bluefins Level 3	Basingstoke	SE160760	3
100 Freestyle	1:06.16	1:07.40	438	08/10/16	NASL South	Bracknell	SE162297	3
200 Freestyle	2:23.25	2:25.70	456	24/07/16	Fareham Nomads Level 3 Meet	Waterlooville	SE160727	3
400 Freestyle	5:02.91	5:07.50	445	27/11/15	Fareham Nomads Winter Distance Meet 2015	Fareham	SE152343	4
800 Freestyle	12:29.00	12:36.70	258	20/10/13	Fareham Nomads Club Championships	Westhill Park	SE3858	4
50 Breaststroke	40.29	41.10	349	27/11/16	Atlantis Christmas Cracker Open Meet	Horsham	SE161457	3
100 Breaststroke	1:28.15	1:29.60	354	05/06/16	Salisbury Stingrays Open Level 3 Meet	Salisbury	SW160803	3
200 Breaststroke	3:20.00	3:22.60	304	23/09/16	Fareham Nomads Club Championships	Fareham	SE161144	4
50 Butterfly	36.03	36.60	309	05/06/16	Salisbury Stingrays Open Level 3 Meet	Salisbury	SW160803	3
100 Butterfly	1:23.04	1:24.00	275	24/09/16	Fareham Nomads Club Championships	Fareham	SE161144	4
50 Backstroke	33.74	34.30	419	24/07/16	Fareham Nomads Level 3 Meet	Waterlooville	SE160727	3
100 Backstroke	1:12.39	1:13.50	435	13/03/16	16th City of Southampton Open Meet	Southampton	SE160008	2
200 Backstroke	2:34.90	2:37.00	452	22/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
200 Individual Medley	2:43.34	2:45.70	415	11/06/16	Swim Out of Your Skin Open Meet	Waterlooville	SE160978	3
400 Individual Medley	6:25.33	6:29.90	303	12/10/14	Fareham Nomads Club Championships	West Hill	SE14317	4
100 Individual Medley	1:14.35	1:14.30	439	05/06/16	Salisbury Stingrays Open Level 3 Meet	Salisbury	SW160803	3