

Individual Best Times (All Time)

Kieran Belk - (267561) - Harrogate District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.40	26.60	444	17/03/12	Yorkshire County Championships	Sheffield	CC2043	1
100 Freestyle	1:00.53	59.10	463	18/12/11	City of Leeds Christmas Cracker	Leeds	NE1330	1
200 Freestyle	2:13.44	2:10.80	446	03/06/12	North East Region BAGCAT Championships	Sheffield	NER222	1
400 Freestyle	4:49.46	4:44.60	439	10/06/12	North East Region BAGCAT Championships	Leeds	NER223	1
800 Freestyle	10:24.03	10:14.70	380	21/02/10	Yorkshire Champs	Sheffield	CC0038	1
50 Breaststroke	43.76	43.00	208	21/03/09	Yorkshire County Champs	Sheffield	CC9089	2
100 Breaststroke	1:22.78	1:21.20	324	02/06/12	North East Region BAGCAT Championships	Sheffield	NER222	1
200 Breaststroke	3:00.94	2:58.00	333	19/02/12	Yorkshire ASA Championships	Leeds	CC2041	1
50 Butterfly	37.27	36.80	213	21/03/09	Yorkshire County Champs	Sheffield	CC9089	2
100 Butterfly	1:10.18	1:09.10	349	10/06/12	North East Region BAGCAT Championships	Leeds	NER223	1
200 Butterfly	2:38.40	2:36.40	338	25/02/12	Yorkshire County Championships	Leeds	CC2042	1
50 Backstroke	34.14	33.50	328	20/03/10	Yorkshire County Champs	Sheffield	CC0040	1
100 Backstroke	1:09.34	1:08.20	412	18/12/11	City of Leeds Christmas Cracker	Leeds	NE1330	1
200 Backstroke	2:25.63	2:23.30	453	29/01/12	ASA Northern Zonal Meet	Sheffield	ZM2220	1
200 Individual Medley	2:26.10	2:23.40	475	26/02/12	Yorkshire County Championships	Leeds	CC2042	1
400 Individual Medley	5:10.90	5:05.20	474	03/06/12	North East Region BAGCAT Championships	Sheffield	NER222	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.00	29.70	335	05/02/11	Harrogate District 29th Open Meet	Harrogate	NE1034	2
100 Freestyle	58.11	59.50	459	14/07/12	Newburn ASC 6th Summer Meet	Stanley	NE2225	3
200 Freestyle	2:08.08	2:10.80	467	12/12/11	Harrogate Club Championships	Harrogate	NE1659	4
400 Freestyle	4:37.61	4:42.60	446	07/11/10	BG North East SC Champs	Sunderland	NER029	2
1500 Freestyle	18:33.09	18:51.50	440	27/09/12	Harrogate Club Championships	Harrogate	NE2627	4
50 Breaststroke	37.62	38.40	291	16/04/12	Harrogate Club Championships	Harrogate	NE2065	4
100 Breaststroke	1:18.62	1:20.20	347	21/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	NE2069	3
200 Breaststroke	2:56.03	2:59.00	318	19/12/11	Harrogate Club Championships	Harrogate	NE1659	4
50 Butterfly	29.84	30.50	387	16/04/12	Harrogate Club Championships	Harrogate	NE2065	4
100 Butterfly	1:06.29	1:07.40	374	14/07/12	Newburn ASC 6th Summer Meet	Stanley	NE2225	3
200 Butterfly	2:38.18	2:40.20	308	19/12/11	Harrogate Club Championships	Harrogate	NE1659	4
50 Backstroke	30.94	31.60	364	15/07/12	Newburn ASC 6th Summer Meet	Stanley	NE2225	3
100 Backstroke	1:05.58	1:06.80	400	15/07/12	Newburn ASC 6th Summer Meet	Stanley	NE2225	3
200 Backstroke	2:25.78	2:28.00	380	05/02/11	Harrogate District 29th Open Meet	Harrogate	NE1034	2
200 Individual Medley	2:22.64	2:25.40	454	15/07/12	Newburn ASC 6th Summer Meet	Stanley	NE2225	3
400 Individual Medley	5:08.63	5:14.30	440	04/12/11	BG North East Region Championships	Sunderland	NER124	2
100 Individual Medley	1:19.96	1:20.00	234	25/07/09	City of Bradford Meet	Shipley	NE9273	3