

Individual Best Times (All Time)

Joshua Marfell-Jones - (266457) -

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.96	27.20	418	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	WAL481	3
100 Freestyle	57.65	56.20	537	19/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
200 Freestyle	2:06.63	2:03.90	522	08/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
400 Freestyle	4:49.73	4:44.80	438	25/03/12	Tiger Bay Open Meet	Cardiff	WAL420	1
1500 Freestyle	17:37.45	17:17.80	558	19/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
50 Breaststroke	50.59	50.00	134	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
50 Butterfly	35.02	34.50	257	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
100 Butterfly	1:07.19	1:06.10	398	21/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
50 Backstroke	34.35	33.80	322	21/01/12	Exeter City Level 1 Open Meet	Cardiff	SW2054	1
100 Backstroke	1:09.80	1:08.60	404	16/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
200 Backstroke	2:27.98	2:25.70	432	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	WAL481	3
200 Individual Medley	2:54.33	2:52.00	279	10/04/11	Frome, Wells & Shepton Mallet 3 Towers Ope	Millfield	SW1195	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.83	27.60	424	30/06/13	Torfaen Dolphins Open Meet 2013	Newport	WAL506	2
100 Freestyle	57.53	59.00	473	29/06/13	Torfaen Dolphins Open Meet 2013	Newport	WAL506	2
200 Freestyle	2:04.47	2:07.20	508	30/06/13	Torfaen Dolphins Open Meet 2013	Newport	WAL506	2
400 Freestyle	4:24.71	4:30.00	515	29/06/13	Torfaen Dolphins Open Meet 2013	Newport	WAL506	2
1500 Freestyle	17:48.97	18:08.10	497	14/04/13	South East Region No Time Gala	Newport	WAL485	4
50 Breaststroke	46.34	47.00	156	22/10/11	AIB Tigers 30th Autumn Open Meet Level 3	Jersey	SE1179	3
100 Breaststroke	1:42.39	1:43.60	157	23/10/11	AIB Tigers 30th Autumn Open Meet Level 3	Jersey	SE1179	3
50 Butterfly	32.34	32.90	304	27/10/12	Tigers SC 31st Autumn Open Meet	Jersey	SE2325	3
100 Butterfly	1:06.28	1:07.40	374	30/06/13	Torfaen Dolphins Open Meet 2013	Newport	WAL506	2
200 Butterfly	2:30.33	2:32.40	359	28/10/12	Tigers SC 31st Autumn Open Meet	Jersey	SE2325	3
50 Backstroke	32.30	32.90	320	27/10/12	Tigers SC 31st Autumn Open Meet	Jersey	SE2325	3
100 Backstroke	1:09.00	1:10.20	343	04/02/12	South East Wales Regional Championships	Newport	WAL408	2
200 Backstroke	2:26.87	2:29.10	372	28/10/12	Tigers SC 31st Autumn Open Meet	Jersey	SE2325	3
200 Individual Medley	2:42.74	2:45.10	305	23/10/11	AIB Tigers 30th Autumn Open Meet Level 3	Jersey	SE1179	3