

Individual Best Times (All Time)

Matthew Mcpherson - (264348) - Cardiff Metropolitan University

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.21	24.40	570	01/05/16	ASA East Region Long Course Championships	Norwich	ER160820	1
100 Freestyle	58.86	57.40	504	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield	NE190155	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.26	25.10	573	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	ER160864	3
100 Freestyle	55.75	57.20	520	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	ER160864	3
200 Freestyle	2:10.62	2:13.20	440	26/01/14	Stevenage Last Chance County Qualifier	Stevenage	ER4295	3
50 Breaststroke	49.82	50.50	125	29/11/09	Hitchin SC Open Meet	Hitchin	ER9398	3
100 Breaststroke	1:29.75	1:31.10	233	02/12/12	Stevenage SC Club Championships	Stevenage	ER2670	4
200 Breaststroke	3:40.74	3:43.10	161	13/03/10	Hertfordshire Champs	Borehamwood	CC0019	2
50 Butterfly	31.94	32.50	315	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3
100 Butterfly	1:13.02	1:14.10	280	11/10/14	National Arena League London Round Div 1	Eltham	LR14169	3
50 Backstroke	35.50	36.10	241	20/10/12	Romford Town SC 6th SC Open Meet	Romford	LR2351	3
100 Backstroke	1:14.86	1:15.90	269	12/10/13	The National Arena Swimming League London	Harlow	LR3745	3
200 Backstroke	2:39.84	2:41.90	288	16/03/13	Hertfordshire County Championships	Borehamwood	CC3088	2
100 Individual Medley	1:10.51	1:10.50	341	30/11/14	Hitchin Open Meet	Hitchin	ER4409	3