

# Individual Best Times (All Time)

Rory McMonagle - (258917) - Hatfield SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.37	24.50	559	17/11/12	Team Luton Inaugural Long Course Meet	Luton	ER2464	1
100 Freestyle	55.35	53.80	606	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Freestyle	2:05.15	2:02.40	541	19/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	SE2168	1
400 Freestyle	4:31.92	4:26.70	530	15/05/10	City of Manchester Open Meet	Manchester	NW0322	1
1500 Freestyle	18:22.73	18:03.90	492	16/04/11	Crawley Spring Long Course Meet	Crawley	SE1071	1
50 Breaststroke	58.09	57.50	89	26/11/05	London Region Winter Champ	Crystal Palace	LRX524	1
50 Butterfly	27.35	26.70	539	04/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
100 Butterfly	1:00.48	59.20	546	18/11/12	Team Luton Inaugural Long Course Meet	Luton	ER2464	1
200 Butterfly	2:27.98	2:25.80	414	09/01/11	City of Derby 10th Long Course Open Meet	Sheffield	EM1029	1
50 Backstroke	28.25	27.50	579	28/02/14	The Dave McCullagh International Meet	Bangor	GB4014	1
100 Backstroke	59.62	58.30	648	17/07/12	BG ASA National Youth Championships 2012	Sheffield	ASA119	1
200 Backstroke	2:09.17	2:06.60	650	05/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Individual Medley	2:22.11	2:19.30	516	28/05/11	City of Sheffield No Frills Meet	Sheffield	NE1118	1
400 Individual Medley	5:11.17	5:05.50	473	30/01/11	London, South East and South West Zonal	London	ZM1093	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.10	25.90	518	15/03/14	Hertfordshire County Championships	Borehamwood	CC4081	2
100 Freestyle	53.81	55.30	578	30/11/13	Irish Short Course National	Lisburn	GB3094	2
200 Freestyle	1:59.66	2:02.50	572	11/03/13	Middlesex County Championships	Enfield	CC3093	2
400 Freestyle	4:13.54	4:19.00	586	08/12/12	Barnet Cophall SC Club Championships	Hendon	LR2857	4
1500 Freestyle	17:15.69	17:35.40	546	16/10/10	The Borough of Harrow	Harrow	LR0537	4
50 Breaststroke	33.72	34.60	405	28/09/14	Hatfield Club Championships	Hatfield	ER14124	4
100 Breaststroke	1:15.07	1:16.70	399	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
200 Breaststroke	2:50.03	2:53.10	352	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
50 Butterfly	27.62	28.30	488	28/09/14	Hatfield Club Championships	Hatfield	ER14124	4
100 Butterfly	1:00.82	1:02.10	484	13/03/13	Middlesex County Championships	Enfield	CC3094	2
200 Butterfly	2:17.66	2:19.90	467	11/03/13	Middlesex County Championships	Enfield	CC3093	2
50 Backstroke	28.02	28.70	491	01/11/12	Irish Short Course Nationals 2012	Lisburn	GB2075	2
100 Backstroke	58.64	1:00.00	559	02/11/12	Irish Short Course Nationals 2012	Lisburn	GB2075	2
200 Backstroke	2:05.13	2:07.80	601	30/11/12	Irish Short Course Nationals 2012	Lisburn	GB2075	2
200 Individual Medley	2:15.19	2:18.10	533	09/12/12	Barnet Cophall SC Club Championships	Hendon	LR2857	4
400 Individual Medley	4:51.74	4:57.70	521	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
100 Individual Medley	1:13.07	1:13.10	306	14/03/09	Middlesex County Champs	Enfield	CC9103	2