

Individual Best Times (All Time)

Daniel Jones - (257366) - Royal Navy SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.05	23.20	657	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	ASA135	1
100 Freestyle	52.77	51.20	700	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Freestyle	1:58.28	1:55.30	641	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
400 Freestyle	4:19.26	4:13.80	611	29/07/08	National Youth Champs 2008	Sheffield	ASA082	1
800 Freestyle	9:13.29	9:02.80	545	08/06/08	South West Region Age Grps	Millfield	SWR806	1
100 Breaststroke	1:37.51	1:36.20	198	20/01/06	Welsh New Year Dragon Meet	Swansea	WAL097	1
50 Butterfly	24.91	24.10	714	31/07/15	British Summer Championships	Sheffield	ASA141	1
100 Butterfly	55.19	53.80	719	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
200 Butterfly	2:05.73	2:03.20	675	01/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
100 Backstroke	1:01.57	1:00.30	588	28/07/09	British Gas Youth Champs	Sheffield	ASA093	1
200 Backstroke	2:20.82	2:18.40	502	29/03/09	Sheffield Premier Meet	Sheffield	NE9036	1
200 Individual Medley	2:20.28	2:17.40	536	29/03/09	Sheffield Premier Meet	Sheffield	NE9036	1
400 Individual Medley	5:03.06	4:57.20	512	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.70	24.60	615	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
100 Freestyle	52.08	53.70	638	07/08/09	British Gas Grand Prix	Leeds	ASA095	1
200 Freestyle	1:57.15	2:00.10	610	16/05/10	Hatfield UK Challenge	Hatfield	ER0386	2
400 Freestyle	4:13.99	4:19.40	583	17/05/08	Hatfield UK Challenge	Hatfield	ER8086	1
1500 Freestyle	17:59.93	18:18.90	482	03/02/07	Devon County Champs	Plymouth	CC7102	2
100 Breaststroke	1:24.59	1:26.10	279	03/02/07	Devon County Champs	Plymouth	CC7102	2
200 Breaststroke	3:19.81	3:22.40	217	04/03/06	Devon County Champs	Tiverton	CC6068	2
50 Butterfly	25.17	25.90	645	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
100 Butterfly	55.28	56.60	645	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
200 Butterfly	2:02.80	2:05.30	658	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
50 Backstroke	37.72	38.20	201	19/11/05	Plymouth Leander Junior Mt	Plymouth	SW5072	1
100 Backstroke	1:00.41	1:01.70	512	17/05/09	Hatfield UK Challenge 2009	Herts Sports Village	ER9263	1
200 Backstroke	2:22.29	2:24.60	409	23/02/08	Devon County Champs	Tiverton	CC8093	2
200 Individual Medley	2:12.38	2:15.30	567	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
400 Individual Medley	4:58.23	5:04.10	488	10/02/08	Devon County Champs	Plymouth	CC8092	2
100 Individual Medley	1:03.37	1:03.40	470	17/05/09	Hatfield UK Challenge 2009	Herts Sports Village	ER9263	1