

Individual Best Times (All Time)

Matthew Wood - (254923) - City of Derby Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.04	24.20	582	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Freestyle	55.09	53.60	615	10/05/14	City of Coventry May Open Meet	Coventry	WM4408	1
200 Freestyle	2:03.73	2:00.90	560	03/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1
400 Freestyle	4:27.13	4:21.80	559	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	EM3034	1
800 Freestyle	10:30.65	10:21.40	368	13/06/10	Midland Age Group Champs	Coventry	WMR016	1
50 Breaststroke	33.11	32.10	481	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Breaststroke	1:12.52	1:10.80	482	22/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	EM3630	1
50 Butterfly	40.98	40.50	160	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3
50 Backstroke	29.57	28.90	505	03/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1
100 Backstroke	1:03.61	1:02.30	533	25/01/14	Central Zonal Meet 2014	Corby	ZM4179	1
200 Backstroke	2:25.85	2:23.50	451	02/06/12	Midlands Age Group Championships	Coventry	WMR208	1
200 Individual Medley	2:46.26	2:43.90	322	08/05/11	City of Coventry May Open Meet	Coventry	WM1066	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.79	25.60	537	01/03/14	Derbyshire ASA County Championships 2014	Matlock	CC4089	2
100 Freestyle	53.88	55.40	576	01/03/14	Derbyshire ASA County Championships 2014	Matlock	CC4089	2
200 Freestyle	2:00.94	2:03.80	554	06/10/13	Derventio Excel 3rd SC Open Meet	Matlock	EM3629	2
400 Freestyle	4:24.06	4:29.30	519	24/02/13	Derbyshire ASA Championships	CC3090	CC3090	2
800 Freestyle	9:49.95	9:59.70	424	19/03/11	Derbyshire County Championships	Eckington	CC1096	2
1500 Freestyle	17:25.64	17:45.20	531	10/03/12	Derbyshire County Championships	Chesterfield	CC2112	2
50 Breaststroke	32.06	33.00	471	22/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
100 Breaststroke	1:12.95	1:14.70	435	07/12/13	Midland Short Course 2013	Stafford	WMR326	2
200 Breaststroke	3:29.67	3:32.20	188	15/03/09	Derbyshire County Champs	Derby	CC9117	2
50 Butterfly	41.46	41.90	144	16/11/08	City of Derby Club Champs	Derby	EM8538	4
100 Butterfly	1:05.33	1:06.50	391	22/09/13	City of Derby SC Club Championships	Derby	EM3726	4
50 Backstroke	29.36	30.00	427	23/02/13	Derbyshire ASA Championships	CC3090	CC3090	2
100 Backstroke	1:01.37	1:02.70	488	22/02/14	Derbyshire County Championships 2014	Matlock	CC4088	2
200 Backstroke	2:23.68	2:26.00	397	04/03/12	Derbyshire County Championships	Matlock	CC2111	2
200 Individual Medley	2:23.14	2:25.90	449	15/09/13	City of Derby SC Club Championships	Derby	EM3726	4
100 Individual Medley	1:04.01	1:04.00	456	06/10/13	Derventio Excel 3rd SC Open Meet	Matlock	EM3629	2