

Individual Best Times (All Time)

Shauna Lee - (251824) - Biggleswade SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.21	25.40	730	03/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
100 Freestyle	55.35	53.80	815	14/04/15	British Championships 2015	London	ASA139	1
200 Freestyle	1:59.37	1:56.40	844	10/04/14	British Gas Championships 2014	Glasgow	ASA132	1
400 Freestyle	4:16.48	4:11.00	772	15/04/15	British Championships 2015	London	ASA139	1
800 Freestyle	10:08.64	9:59.10	505	07/06/08	East Region Bagcat Champs	Norwich	ERX811	1
100 Breaststroke	1:34.23	1:32.90	315	03/06/07	East Region BAGCAT Champs	Norwich	ERX719	1
50 Butterfly	28.72	28.10	615	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
100 Butterfly	1:01.59	1:00.30	730	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
50 Backstroke	37.67	37.10	362	12/01/08	City of Derby 7th LC Meet	Sheffield	EM8025	1
200 Individual Medley	2:37.12	2:34.60	517	01/05/10	East Region Youth Champs	Norwich	ERX011	1
400 Individual Medley	6:11.96	6:07.20	365	03/06/07	East Region BAGCAT Champs	Norwich	ERX719	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.75	26.50	706	07/12/14	ASA South West Region Short Course Champs	Millfield	SWR427	2
100 Freestyle	55.51	57.00	741	06/12/14	ASA South West Region Short Course Champs	Millfield	SWR427	2
200 Freestyle	1:57.56	2:00.50	826	07/12/14	ASA South West Region Short Course Champs	Millfield	SWR427	2
400 Freestyle	4:13.43	4:18.90	760	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
800 Freestyle	10:08.97	10:18.40	481	14/02/08	Biggleswade Club Champs	Biggleswaade	ER8049	4
1500 Freestyle	18:45.62	19:03.80	525	27/02/10	Bedfordshire Champs	Biggleswade	CC0041	2
50 Breaststroke	38.60	39.40	397	22/09/13	Hatfield Club Championships	Hatfield	ER3770	4
100 Breaststroke	1:21.15	1:22.70	453	23/09/13	Hatfield Club Championships	Hatfield	ER3770	4
200 Breaststroke	3:07.16	3:10.00	371	07/12/08	City of Leicester Distance	Leicester	EM8140	2
50 Butterfly	29.91	30.50	541	24/03/12	Hertfordshire ASA County Championships	Borehamwood	CC2105	2
100 Butterfly	1:03.83	1:05.00	607	21/10/12	BG ASA National County Team Division 1	Sheffield	ASA121	2
200 Butterfly	2:30.25	2:32.30	504	23/09/13	Hatfield Club Championships	Hatfield	ER3770	4
50 Backstroke	34.55	35.10	390	16/10/10	Flitwick Dolphins Open Meet	Biggleswade	ER0566	3
100 Backstroke	1:12.52	1:13.60	433	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	ER0566	3
200 Backstroke	2:48.97	2:50.90	348	01/03/08	Beds County Champs	Biggleswade	CC8078	2
200 Individual Medley	2:27.11	2:29.80	568	22/09/13	Hatfield Club Championships	Hatfield	ER3770	4
400 Individual Medley	5:31.82	5:37.10	475	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	ER0566	3
100 Individual Medley	1:11.43	1:11.40	495	16/10/10	Flitwick Dolphins Open Meet	Biggleswade	ER0566	3