

Individual Best Times (All Time)

Guy Sherwin - (251748) - St Albans Masters SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	22.92	22.00	759	14/02/09	BUCS 2009 50m Champs	Sheffield	NE9236	1
100 Freestyle	51.02	49.40	774	15/02/09	BUCS 2009 50m Champs	Sheffield	NE9236	1
200 Freestyle	2:00.61	1:57.70	604	02/04/06	Bexley Long Course Open Mt	Crystal Palace	LR6026	2
50 Butterfly	25.93	25.20	633	02/05/10	South East Youth Champs	Crawley	SER020	1
100 Butterfly	1:00.72	59.50	540	07/05/06	Beckenham Open Meet	Crystal Palace	LR6094	2
50 Backstroke	29.09	28.40	530	16/02/08	BUSA 50m Champs 2008	Sheffield	NE8268	1
100 Backstroke	1:14.91	1:13.80	326	05/07/97	Southern Counties Champs	Crystal Palace	SOU002	1
200 Individual Medley	2:47.07	2:44.70	317	23/05/98	Beckenham SC Open Meet	Crystal Palace	DMS006	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.28	23.20	740	14/11/08	BUCS 25m Champs 2008	Sheffield	NE8643	1
100 Freestyle	49.55	51.20	741	16/11/08	BUCS 25m Champs 2008	Sheffield	NE8643	1
200 Freestyle	1:58.91	2:01.80	583	11/03/06	Sussex County Champs	Crawley	CC6034	2
400 Freestyle	4:44.65	4:49.50	414	21/06/98	Cranleigh Open Meet	Cranleigh	DMS013	2
50 Breaststroke	31.23	32.20	509	19/02/06	Sussex County Champs	Crawley	CC6033	2
50 Butterfly	25.99	26.70	586	11/03/06	Sussex County Champs	Crawley	CC6034	2
100 Butterfly	57.24	58.50	581	14/12/13	London National Arena Swimming League	Hertfordshire	LR3744	2
50 Backstroke	28.12	28.80	486	17/11/07	BUSA SC Champs 2007	Sheffield	NE7389	1
100 Backstroke	1:06.63	1:07.80	381	27/05/06	Guildford Spring Open	Guildford	SE6111	1
200 Individual Medley	2:12.73	2:15.70	563	11/03/06	Sussex County Champs	Crawley	CC6034	2
100 Individual Medley	58.51	58.50	597	17/05/09	Hatfield UK Challenge 2009	Herts Sports Village	ER9263	1