

# Individual Best Times (All Time)

Joy Willett - (243026) - Cardiff Metropolitan University

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.64	26.90	623	05/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
100 Freestyle	59.79	58.40	646	02/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
200 Freestyle	2:11.45	2:08.80	632	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
400 Freestyle	4:54.78	4:50.00	509	02/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1
50 Breaststroke	54.00	53.40	157	17/01/10	City of Coventry Jan Meet	Coventry	WM0007	3
50 Butterfly	29.43	28.80	572	02/04/18	Swim Wales LC Championships	Swansea	WL180090	1
100 Butterfly	1:03.45	1:02.20	668	03/08/18	Swim Wales Summer Nationals	Swansea	WL180091	1
200 Butterfly	2:21.29	2:19.00	640	07/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
100 Backstroke	1:10.51	1:09.40	537	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Backstroke	2:37.49	2:35.40	478	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1
200 Individual Medley	2:33.08	2:30.50	559	22/12/13	Derwentio eXcel Christmas Cracker Meet	Sheffield	EM3630	1
400 Individual Medley	5:14.40	5:08.80	604	07/03/15	Leicestershire County Age Groups & Championships	Loughborough	CC150152	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.32	28.10	591	07/02/16	The Leicestershire County Age Groups & Champs	Braunstone	EM160199	2
100 Freestyle	58.37	59.80	638	21/11/15	The Leicester Open Meet	Leicester	EM151050	2
200 Freestyle	2:07.70	2:10.40	644	22/11/15	The Leicester Open Meet	Leicester	EM151050	2
400 Freestyle	4:28.07	4:33.30	642	21/11/15	The Leicester Open Meet	Leicester	EM151050	2
800 Freestyle	10:36.99	10:46.00	421	04/12/10	Leicester Distance Meet	Braunstone	EM0411	2
50 Breaststroke	42.16	42.90	304	27/03/11	Leicestershire County Championships	Braunstone	CC1066	2
100 Breaststroke	1:59.76	2:00.80	141	05/04/09	Nuneaton & Bedworth Mt	Nuneaton	WM9025	2
200 Breaststroke	3:15.16	3:17.90	327	17/04/11	City of Leicester Age Group Meet	Braunstone	EM1050	2
50 Butterfly	29.05	29.70	591	06/02/16	The Leicestershire County Age Groups & Champs	Braunstone	EM160199	2
100 Butterfly	1:03.91	1:05.10	604	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
200 Butterfly	2:21.02	2:23.20	610	29/03/15	Leicestershire County Age Group & Championships	Leicester	EM150154	2
50 Backstroke	34.93	35.50	377	03/03/12	Leicestershire County Championships	Braunstone	CC2063	2
100 Backstroke	1:07.72	1:08.90	532	22/11/15	The Leicester Open Meet	Leicester	EM151050	2
200 Backstroke	2:29.35	2:31.60	505	28/03/15	Leicestershire County Age Group & Championships	Leicester	EM150154	2
200 Individual Medley	2:32.14	2:34.70	513	16/11/13	2013 Leicester Distance Meet	Braunstone	EM3775	2
400 Individual Medley	5:03.07	5:08.80	623	22/11/15	The Leicester Open Meet	Leicester	EM151050	2
100 Individual Medley	1:21.53	1:21.50	332	21/03/10	Leicestershire Championships	Braunstone	CC0107	2