

Individual Best Times (All Time)

Zoe Gidden - (241197) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.27	26.50	648	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
100 Freestyle	58.40	57.00	694	25/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Freestyle	2:06.28	2:03.50	713	19/07/12	BG ASA National Youth Championships 2012	Sheffield	ASA119	1
400 Freestyle	4:23.78	4:18.40	710	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
800 Freestyle	9:11.48	9:00.90	679	16/02/13	Northants ASA 2013 County Championships	Corby	CC3071	1
1500 Freestyle	17:38.67	17:19.00	657	03/08/10	British Gas Youth Champs	Sheffield	ASA102	1
50 Breaststroke	35.91	35.00	535	15/02/14	2014 NASA County Championships	Corby	CC4102	1
100 Breaststroke	1:18.39	1:16.80	547	02/03/13	Northamptonshire County Championships	Corby	CC3072	1
200 Breaststroke	2:54.47	2:51.40	490	18/03/12	Northamptonshire County Championships	Corby	CC2086	1
50 Butterfly	30.06	29.40	536	08/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
100 Butterfly	1:09.29	1:08.20	513	17/02/13	Northants ASA 2013 County Championships	Corby	CC3071	1
50 Backstroke	32.24	31.60	578	02/03/13	Northamptonshire County Championships	Corby	CC3072	1
100 Backstroke	1:09.88	1:08.70	552	15/02/14	2014 NASA County Championships	Corby	CC4102	1
200 Backstroke	2:35.61	2:33.50	495	20/03/11	Northamptonshire County Championships	Corby	CC1069	1
200 Individual Medley	2:26.23	2:23.50	641	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	SE3342	1
400 Individual Medley	5:14.65	5:09.00	603	15/03/14	2014 NASA County Championships	Corby	CC4104	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.45	27.20	651	11/12/21	Scottish National Winter SC Championships	Edinburgh	SCO1834	2
100 Freestyle	57.71	59.10	660	09/12/22	Scottish National Short Course Meet 2022	Edinburgh	SCO1961	2
200 Freestyle	2:02.71	2:05.50	726	21/04/13	The 2013 Leicester Age Group Meet	Braunstone	EM3100	2
400 Freestyle	4:21.56	4:26.90	691	02/12/12	Midland Winter Championships 2012	Corby	WMR226	2
800 Freestyle	9:17.09	9:27.40	629	08/11/09	Midland SC Champs 2009	Corby	WMR928	2
1500 Freestyle	17:42.74	18:02.00	624	01/11/08	Midlands Winter Champs	Leicester	WMR826	1
50 Breaststroke	35.35	36.20	516	29/09/13	2013 NASA Short Course Competition	Corby	EM3839	3
100 Breaststroke	1:17.19	1:18.80	527	16/10/11	BG ASA National County Team Division 2	Sheffield	ASA114	2
200 Breaststroke	2:52.77	2:55.80	472	27/04/08	City of Leicester Open	Braunstone	EM8139	2
50 Butterfly	29.89	30.50	542	06/11/21	East Midland Region Short Course Championships 21	Nottingham	EM211276	2
100 Butterfly	1:34.18	1:35.00	189	29/10/06	Chase Roebuck 2006	Wolverhampton	WM6200	2
200 Butterfly	3:17.23	3:18.80	223	30/04/06	Leicester Open Meet	Braunstone	EM6115	2
50 Backstroke	31.49	32.10	515	29/09/13	2013 NASA Short Course Competition	Corby	EM3839	3
100 Backstroke	1:11.74	1:12.90	447	26/04/09	City of Leicester Age Gp	Braunstone	EM9124	2
200 Backstroke	2:32.49	2:34.70	474	11/04/09	Bournemouth Dolphins 19 Mt	Bournemouth	SW9221	2
200 Individual Medley	2:23.14	2:25.90	617	26/10/13	City of Leeds October Grand Prix	Leeds	NE3602	2
400 Individual Medley	5:25.14	5:30.50	505	24/04/09	City of Leicester Age Gp	Braunstone	EM9124	2
100 Individual Medley	1:06.57	1:06.60	611	03/12/11	British Gas Midlands Winter Championships	Corby	WMR128	2