

Individual Best Times (All Time)

Luke De Moya - (22368) - Deepings SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.15	24.30	574	01/08/08	National Youth Champs 2008	Sheffield	ASA082	1
100 Freestyle	55.23	53.70	610	26/05/07	Sheffield No Frills Meet	Sheffield	NE7055	1
200 Freestyle	2:02.05	1:59.20	583	20/04/08	Radford SC Open Meet	Sheffield	EM8009	1
400 Freestyle	4:23.80	4:18.40	580	26/05/07	Sheffield No Frills Meet	Sheffield	NE7055	1
50 Butterfly	41.31	40.80	156	07/07/02	Midland District Age Groups	Coventry	MID016	1
50 Backstroke	30.52	29.90	459	03/05/09	East Region Youth Champs	Norwich	ERX912	1
100 Backstroke	1:11.23	1:10.10	380	17/04/05	Radford Open Meet 2005	Sheffield	L1M283	1
200 Backstroke	2:34.74	2:32.60	378	10/06/06	East Region BAGCATS	Norwich	ERX614	1
200 Individual Medley	2:32.22	2:29.60	420	07/05/07	East Region Youth Champs	Norwich	ERX718	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.00	25.80	524	08/11/09	Midland SC Champs 2009	Corby	WMR928	2
100 Freestyle	54.30	55.80	563	07/11/09	Midland SC Champs 2009	Corby	WMR928	2
200 Freestyle	2:00.33	2:03.20	563	05/04/08	City of Peterborough Open	Peterborough	ER8008	2
400 Freestyle	4:20.70	4:26.00	539	09/03/08	Cambridgeshire County Mt	Cambridge	CC8113	2
50 Breaststroke	42.17	42.90	207	27/09/03	City of Coventry 50m Sprint Mt	Nuneaton	DMM135	2
100 Breaststroke	1:22.83	1:24.30	297	08/04/06	Peterborough Open	Peterborough	ER6012	2
200 Breaststroke	3:26.60	3:29.10	196	08/03/03	Lincolnshire County Champs	Grantham	CTY237	2
50 Butterfly	28.62	29.30	438	27/03/10	Lincolnshire County Championships	Louth	CC0121	2
100 Butterfly	1:08.94	1:10.00	332	05/04/08	City of Peterborough Open	Peterborough	ER8008	2
200 Butterfly	2:53.55	2:55.40	233	13/03/04	Cambridgeshire County Champs	Various	CCM019	2
50 Backstroke	29.60	30.30	416	10/04/10	City of Peterborough Meet	Peterborough	ER0006	2
100 Backstroke	1:05.23	1:06.40	406	20/03/10	Lincolnshire County Championships	Grantham	CC0120	2
200 Backstroke	2:21.43	2:23.80	416	07/03/09	Cambridgeshire County Ch	Peterborough	CC9119	2
200 Individual Medley	2:23.13	2:25.90	449	08/03/08	Cambridgeshire County Mt	Peterborough	CC8112	2
100 Individual Medley	1:04.87	1:04.90	438	08/03/09	Cambridgeshire County Ch	Cambridge	CC9120	2