

Individual Best Times (All Time)

Suzanne Barwise-Munro - (215434) - Alnwick Dolphin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Breaststroke	3:01.47	2:58.50	435	05/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
200 Backstroke	3:07.95	3:06.20	281	10/06/07	ASANER Bagcat Champs	Sheffield	NER707	1
200 Individual Medley	2:41.03	2:38.60	480	02/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.03	36.60	257	09/12/07	Derwentside Xmas Cracker	Stanley	NE7183	1
100 Freestyle	1:05.51	1:06.80	451	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	NE2633	3
200 Freestyle	2:20.52	2:23.00	483	12/01/13	Newburn ASC New Year Graded Meet	Stanley	NE3112	3
400 Freestyle	4:57.36	5:02.00	470	12/01/13	Newburn ASC New Year Graded Meet	Stanley	NE3112	3
800 Freestyle	10:13.93	10:23.30	470	21/04/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
50 Breaststroke	39.34	40.10	375	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	NE2633	3
100 Breaststroke	1:25.82	1:27.30	383	11/12/11	Derwentside Christmas Cracker	Stanley	NE1658	4
200 Breaststroke	3:02.46	3:05.30	401	12/01/13	Newburn ASC New Year Graded Meet	Stanley	NE3112	3
50 Butterfly	36.08	36.60	308	18/09/10	South Tyneside Meet	Hebburn	NE0658	4
100 Butterfly	1:20.38	1:21.30	304	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
200 Butterfly	3:34.88	3:36.40	172	28/10/07	Chester-Le-Street Open	Chester-Le-Street	NE7334	4
50 Backstroke	36.96	37.50	318	02/07/11	Gateshead & Whickham Summer Meet	Dunston	NE1430	4
100 Backstroke	1:13.44	1:14.50	417	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	NE2633	3
200 Backstroke	2:54.92	2:56.80	314	06/12/08	Wear Valley Xmas Stocking	Woodhouse Close	NE8275	1
200 Individual Medley	2:36.94	2:39.40	468	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	NE2633	3
400 Individual Medley	5:44.58	5:49.60	424	16/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
100 Individual Medley	1:24.92	1:24.90	294	25/10/08	Chester le Street Junior	Chester-le-Street	NE8502	4