

Individual Best Times (All Time)

Liam Mellett - (214155) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.66	23.80	609	01/08/09	British Gas Youth Champs	Sheffield	ASA093	1
100 Freestyle	55.99	54.50	586	26/04/09	National Swimming League B Final	Sheffield	NE9313	1
200 Freestyle	2:04.78	2:02.00	546	23/05/09	Ealing Spring LC Open	Ealing	LR9240	1
50 Breaststroke	31.51	30.50	558	30/03/18	Swim Wales LC Championships	Swansea	WL180090	1
100 Breaststroke	1:12.82	1:11.10	476	26/03/16	Swim Wales Long Course Championships	Swansea	WL160019	1
200 Breaststroke	2:59.22	2:56.20	343	20/03/08	Welsh Age & Youth Champs	Swansea	WAL184	1
50 Butterfly	28.14	27.50	495	13/03/10	Surrey County Champs	Crystal Palace	CC0084	1
50 Backstroke	31.30	30.70	425	02/07/10	Cardiff International Open	Cardiff	WAL307	1
100 Backstroke	1:06.82	1:05.60	460	04/07/10	Cardiff International Open	Cardiff	WAL307	1
200 Backstroke	2:27.61	2:25.30	435	03/04/10	Portsmouth Northsea Easter Meet	Portsmouth	SE0056	1
200 Individual Medley	2:29.10	2:26.40	446	21/11/10	Crawley Not So Early Bird	Crawley	SE0477	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.57	25.40	552	08/11/09	South East Winter Champs	Aldershot	SER929	2
100 Freestyle	53.77	55.30	579	07/11/09	South East Winter Champs	Aldershot	SER929	2
200 Freestyle	2:02.08	2:04.90	539	08/11/09	South East Winter Champs	Aldershot	SER929	2
400 Freestyle	4:35.39	4:40.40	457	13/01/11	Leatherhead SC Club Championships	Leatherhead	SE1156	4
50 Breaststroke	30.55	31.60	544	10/02/18	SW West Regional Championships	Haverfordwest	WL180052	2
100 Breaststroke	1:11.03	1:12.80	471	31/01/16	Swim Wales West Regional Championships	Haverfordwest	WL160033	2
200 Breaststroke	3:02.92	3:05.80	283	19/11/06	Haslemere Open Meet	Haslemere	SE6058	1
50 Butterfly	27.93	28.60	472	07/11/09	South East Winter Champs	Aldershot	SER929	2
50 Backstroke	29.85	30.50	406	16/05/10	Guildford City Open Meet	Guildford	SE0092	2
100 Backstroke	1:04.13	1:05.40	428	04/03/12	Surrey County Age Group Championships	Guildford	CC2092	2
200 Backstroke	2:24.39	2:26.70	391	15/05/10	Guildford City Open Meet	Guildford	SE0092	2
200 Individual Medley	2:19.76	2:22.50	482	20/11/11	Epsom & District Club Championships	Epsom	SE1400	4
400 Individual Medley	5:27.44	5:32.80	368	06/01/11	Leatherhead SC Club Championships	Leatherhead	SE1156	4
100 Individual Medley	1:04.21	1:04.20	452	22/04/12	Epsom District SC Championships	Epsom	SE2362	4