

Individual Best Times (All Time)

Jack Smith - (212974) - City of Derby Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	23.33	22.40	719	04/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
100 Freestyle	50.70	49.00	789	03/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
200 Freestyle	1:51.81	1:48.70	759	01/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
400 Freestyle	4:06.96	4:01.20	707	30/07/10	British Gas Nat Age Grps	Sheffield	ASA101	1
800 Freestyle	8:55.19	8:44.30	602	26/03/10	City of Sheffield Premier	Sheffield	NE0069	1
50 Breaststroke	41.14	40.40	250	12/01/08	City of Derby 7th LC Meet	Sheffield	EM8025	1
100 Breaststroke	1:22.59	1:21.00	326	07/12/08	Plymouth Leander Open	Millfield School	SW8450	1
200 Breaststroke	3:19.62	3:17.00	248	16/06/07	East & West Midlands Age	Coventry	WMR710	1
50 Butterfly	25.91	25.20	634	27/02/15	International Swim Meet 2015	Berlin	GBR102	1
100 Butterfly	1:03.17	1:02.00	479	18/12/11	Plymouth Leander Long Course Open	Millfield	SW1561	1
50 Backstroke	29.61	28.90	503	21/01/12	Nancy International Meeting	Nancy, France	GB2002	1
100 Backstroke	1:01.62	1:00.30	587	01/08/10	British Gas Nat Age Grps	Sheffield	ASA101	1
200 Backstroke	2:15.71	2:13.20	560	24/07/09	British Gas Nat Age Grps	Sheffield	ASA092	1
200 Individual Medley	2:20.51	2:17.70	534	23/07/09	British Gas Nat Age Grps	Sheffield	ASA092	1
400 Individual Medley	5:06.27	5:00.50	496	13/06/09	South West Region Age Grps	Millfield	SWR907	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.03	23.90	670	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Freestyle	50.45	52.10	702	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
200 Freestyle	1:50.65	1:53.70	724	07/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
400 Freestyle	4:04.03	4:09.70	657	02/12/12	ASA South West Regional Championships	Street	SWR230	2
800 Freestyle	11:03.99	11:12.70	297	13/01/07	North Midlands Age Groups	Biddulph	NW7044	2
50 Breaststroke	38.97	39.80	262	01/03/08	Staffs County Champs	Wolverhampton	CC8060	2
100 Breaststroke	1:18.08	1:19.70	354	08/02/09	Devon County Champs	Tiverton	CC9049	2
200 Breaststroke	3:03.24	3:06.10	281	01/03/08	Staffs County Champs	Wolverhampton	CC8060	2
50 Butterfly	32.38	33.00	303	15/03/08	Staffordshire County Chmp	Wolverhampton	CC8061	2
100 Butterfly	1:05.03	1:06.20	396	01/03/09	Devon County Champs	Exeter	CC9051	2
200 Butterfly	2:45.98	2:47.90	266	24/05/08	N West Inter Assoc Champs	Liverpool	NW8270	2
50 Backstroke	28.86	29.50	449	04/12/11	BG SWR Short Course Championships	Millfield	SWR126	2
100 Backstroke	1:00.29	1:01.60	515	19/03/11	Devon County Championships	Tiverton	CC1026	2
200 Backstroke	2:10.86	2:13.40	525	16/05/10	Hatfield UK Challenge	Hatfield	ER0386	2
200 Individual Medley	2:15.47	2:18.30	529	19/03/11	Devon County Championships	Tiverton	CC1026	2
400 Individual Medley	5:00.18	5:06.00	478	28/02/09	Devon County Champs	Exeter	CC9051	2
100 Individual Medley	1:14.67	1:14.70	287	01/03/08	Staffs County Champs	Wolverhampton	CC8060	2