

Individual Best Times (All Time)

Ryan Young - (212052) - Portsmouth Northsea SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.75	23.90	603	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
100 Freestyle	54.62	53.10	631	11/04/15	City of Bristol Level 1 April Meet	Bristol	SW150403	1
200 Freestyle	2:09.14	2:06.40	492	20/12/09	Plymouth Leander Open Mt	Millfield	SW9432	1
400 Freestyle	4:36.22	4:31.10	505	19/12/09	Plymouth Leander Open Mt	Millfield	SW9432	1
1500 Freestyle	17:50.44	17:31.00	538	21/11/09	Crawley Not So Early Bird	Crawley	SE9115	1
50 Breaststroke	31.37	30.40	566	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
100 Breaststroke	1:15.09	1:13.40	434	18/03/12	Hampshire County Championships	Portsmouth	CC2102	1
200 Breaststroke	2:47.79	2:44.60	418	15/01/12	Portsmouth Open Meet	Portsmouth	SE2106	1
50 Butterfly	26.75	26.00	577	06/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
100 Butterfly	1:00.30	59.00	551	05/05/13	BG South East Region Youth Champs	Crawley	SER301	1
50 Backstroke	28.78	28.10	547	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
100 Backstroke	1:06.43	1:05.20	468	17/03/12	Hampshire County Championships	Portsmouth	CC2102	1
200 Backstroke	2:43.95	2:41.90	318	05/12/08	Team Bath Grand Prix	Bath	SW8553	1
200 Individual Medley	2:28.73	2:26.10	450	31/01/10	Team Bath Grand Prix	Bath	SW0135	1
400 Individual Medley	5:19.77	5:14.20	436	22/11/09	Crawley Not So Early Bird	Crawley	SE9115	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.01	24.90	591	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Freestyle	53.69	55.20	582	16/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
200 Freestyle	2:07.37	2:10.10	474	13/03/10	Hampshire County Champs	Southampton	CC0110	2
400 Freestyle	4:27.41	4:32.60	500	01/11/09	Portsmouth Northsea	Portsmouth	SE9014	4
800 Freestyle	10:12.16	10:21.50	380	09/11/08	Portsmouth Northsea Champ	Portsmouth	SE8058	4
1500 Freestyle	17:37.44	17:56.80	513	15/11/09	Portsmouth Northsea	Portsmouth	SE9015	4
50 Breaststroke	30.55	31.60	544	16/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
100 Breaststroke	1:11.23	1:13.00	467	16/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	SE2826	4
200 Breaststroke	2:50.95	2:54.00	347	01/11/09	Portsmouth Northsea	Portsmouth	SE9014	4
50 Butterfly	26.35	27.10	562	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Butterfly	59.18	1:00.40	526	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Butterfly	2:36.01	2:38.00	321	12/11/10	Portsmouth Northsea Championships	Portsmouth	SE0058	4
50 Backstroke	29.14	29.80	436	16/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	SE2826	4
100 Backstroke	1:05.24	1:06.50	406	10/12/11	Portsmouth Northsea Club Championships	Portsmouth	SE1580	4
200 Backstroke	2:26.17	2:28.40	377	12/11/10	Portsmouth Northsea Championships	Portsmouth	SE0058	4
200 Individual Medley	2:24.03	2:26.70	440	13/03/10	Hampshire County Champs	Southampton	CC0110	2
400 Individual Medley	5:08.20	5:13.80	442	01/11/09	Portsmouth Northsea	Portsmouth	SE9014	4
100 Individual Medley	1:08.51	1:08.50	372	13/11/10	Portsmouth Northsea Championships	Portsmouth	SE0058	4