

Individual Best Times (All Time)

Shaun Muscroft - (210682) - City of Liverpool SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.38	23.50	630	26/01/13	ASA Northern Region Zonal Competition	Sheffield	ZM3308	1
100 Freestyle	51.35	49.70	759	31/07/15	British Summer Championships	Sheffield	ASA141	1
200 Freestyle	1:52.30	1:49.20	749	29/07/15	British Summer Championships	Sheffield	ASA141	1
400 Freestyle	4:05.24	3:59.50	722	30/07/13	BG ASA National Youth Championships	Sheffield	ASA128	1
800 Freestyle	9:02.97	8:52.20	577	12/06/10	North West Age Groups	Manchester	NWR003	1
1500 Freestyle	16:50.55	16:30.00	640	28/07/11	British Gas ASA National Youth Champs	Sheffield	ASA112	1
50 Butterfly	25.14	24.40	695	11/04/14	British Gas Championships 2014	Glasgow	ASA132	1
100 Butterfly	55.98	54.60	689	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	ASA135	1
200 Butterfly	2:09.87	2:07.40	613	02/03/14	2014 ISM Berlin	Berlin	GB4013	1
100 Backstroke	1:15.35	1:14.30	321	03/10/10	City of Leeds Junior Open	Leeds	NE0534	1
200 Backstroke	2:42.32	2:40.30	327	17/01/09	Liverpool Winter Open	Liverpool	NW9002	2
200 Individual Medley	2:19.19	2:16.30	549	15/12/12	City of Manchester Snow Pen 2012	Manchester	NW2496	1
400 Individual Medley	5:03.00	4:57.20	512	30/04/11	BG North West Region Youth Championships	Liverpool	NWR104	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.64	24.50	620	24/10/15	Manchester International Meet 2015	Manchester	NW151667	2
100 Freestyle	50.75	52.40	689	20/10/13	BG ASA National County Team Division 1	Sheffield	ASA130	2
200 Freestyle	1:50.10	1:53.20	735	24/10/15	Manchester International Meet 2015	Manchester	NW151667	2
400 Freestyle	3:58.29	4:04.10	706	17/11/12	Stockport Metro November Short Course Meet	Stockport	NW2599	2
800 Freestyle	9:05.06	9:15.50	538	24/04/10	Satellite Open Meet	Macclesfield	NW0225	2
1500 Freestyle	18:11.73	18:30.50	466	10/05/09	Satellite Open Meet	Macclesfield	NW9157	2
100 Breaststroke	1:29.09	1:30.50	238	23/01/10	Bolton & Manchester AG Champs	Manchester	NW0109	3
50 Butterfly	25.31	26.00	634	07/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
100 Butterfly	55.59	56.90	634	24/10/15	Manchester International Meet 2015	Manchester	NW151667	2
50 Backstroke	43.12	43.60	134	04/02/06	Bolton & Manchester	Manchester	NW6053	2
200 Backstroke	2:41.59	2:43.60	279	24/01/09	Bolton & Manchester Meet	Manchester	NW9052	2
200 Individual Medley	2:13.99	2:16.90	547	17/11/12	Stockport Metro November Short Course Meet	Stockport	NW2599	2
400 Individual Medley	4:40.96	4:47.10	583	03/12/11	BG North West Regional Championships	Manchester	NWR107	2
100 Individual Medley	1:28.52	1:28.50	172	03/02/07	Bolton & Manchester AG	Manchester	NW7068	2