

# Individual Best Times (All Time)

Thomas Hamilton-Cox - (196205) - Bromley SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.57	25.80	487	04/05/14	London Region Youth Championships 2014	London	LRX409	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.15	26.90	458	12/01/14	Tom Handley Memorial Open Meet 2014	Brighton	SE4020	2
100 Freestyle	59.57	1:01.00	426	11/01/14	Tom Handley Memorial Open Meet 2014	Brighton	SE4020	2
200 Freestyle	2:38.58	2:40.80	246	25/04/09	Littlehampton Last Chance	Portsmouth	SE9138	2
50 Butterfly	39.19	39.70	170	09/03/08	Kent County Champs	Gillingham	CC8059	2
50 Backstroke	39.80	40.30	171	25/04/09	Littlehampton Last Chance	Portsmouth	SE9138	2
100 Backstroke	1:13.72	1:14.80	281	24/11/13	Bromley Club Championships	Bromley	LR3777	4
100 Individual Medley	1:09.66	1:09.70	354	24/11/13	Bromley Club Championships	Bromley	LR3777	4