

Individual Best Times (All Time)

Kristian Woodbridge - (196023) - Team Luton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.40	28.70	359	15/10/11	Lincoln Vulcans Open Meet	Sheffield	EM1237	1
100 Freestyle	1:03.04	1:01.70	410	17/12/11	Northampton Winter Festival Open Meet	Corby	EM1466	1
200 Freestyle	2:19.86	2:17.40	387	10/04/11	City of Norwich Easter Meet	Norwich	ER1130	1
50 Butterfly	30.95	30.30	372	06/05/12	ASA East Region Youth Championships	Basildon	ERX203	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.34	29.10	359	25/06/11	Team Luton Club Championships	Hitchin	ER1418	4
100 Freestyle	59.91	1:01.30	419	25/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
200 Freestyle	2:14.90	2:17.40	399	16/04/11	Team Luton Open Meet	London	ER1224	2
400 Freestyle	4:44.63	4:49.50	414	19/03/11	Bedfordshire County Championships	Biggleswade	CC1107	2
50 Breaststroke	38.31	39.10	276	26/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
100 Breaststroke	1:24.94	1:26.40	275	03/09/11	Team Luton Club Championships	Hitchin	ER1418	4
200 Breaststroke	3:12.00	3:14.70	245	07/05/11	Team Luton Club Championships	Hitchin	ER1418	4
50 Butterfly	30.61	31.20	358	26/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
100 Butterfly	1:13.30	1:14.30	276	25/06/11	Team Luton Club Championships	Hitchin	ER1418	4
50 Backstroke	32.53	33.10	313	11/03/12	Bedfordshire County Championships	Biggleswade	CC2056	2
100 Backstroke	1:14.85	1:15.90	269	07/05/11	Team Luton Club Championships	Hitchin	ER1418	4
200 Backstroke	2:34.64	2:36.80	318	03/09/11	Team Luton Club Championships	Hitchin	ER1418	4
200 Individual Medley	2:36.70	2:39.20	342	22/01/12	Biggleswade Open Meet	Biggleswade	ER2056	3
100 Individual Medley	1:11.32	1:11.30	329	03/09/11	Team Luton Club Championships	Hitchin	ER1418	4