

Individual Best Times (All Time)

Eloise Van Vuren - (195018) - Worcester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.22	26.40	652	22/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	EM3630	1
100 Freestyle	1:01.24	59.90	602	16/11/13	Team Luton Autumn LC Open Meet	Luton	ER3665	1
200 Freestyle	2:20.33	2:17.80	520	12/04/09	Derventio Excel 3rd Open	Sheffield	EM9070	1
400 Freestyle	5:00.94	4:56.20	478	04/05/08	Midlands Youth Champs	Coventry	WMR809	1
1500 Freestyle	19:44.24	19:26.70	469	02/05/09	The Midlands Youth Champs	Coventry	WMR915	1
50 Butterfly	29.98	29.30	541	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
100 Butterfly	1:13.22	1:12.20	435	01/05/10	Midland Youth Champs	Coventry	WMR014	1
50 Backstroke	33.64	33.00	509	12/04/09	Derventio Excel 3rd Open	Sheffield	EM9070	1
100 Backstroke	1:15.93	1:14.90	430	12/04/09	Derventio Excel 3rd Open	Sheffield	EM9070	1
200 Backstroke	2:47.38	2:45.40	398	06/12/08	Plymouth Leander Open	Millfield School	SW8450	1
200 Individual Medley	2:46.17	2:43.80	437	03/05/08	Midlands Youth Champs	Coventry	WMR809	1
400 Individual Medley	6:08.18	6:03.40	376	12/05/07	City of Coventry May Mt	Coventry	WM7140	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.33	27.10	660	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Freestyle	59.19	1:00.60	611	07/07/13	Boldmere Open Meet	Stechford	WM3515	3
200 Freestyle	2:12.07	2:14.70	582	06/07/13	Boldmere Open Meet	Stechford	WM3515	3
400 Freestyle	4:46.43	4:51.30	526	22/10/10	Worcester 14th Open Meet	Worcester	WM0552	3
800 Freestyle	9:47.54	9:57.30	536	20/02/11	Worcestershire County Championships	Hereford	CC1008	2
1500 Freestyle	18:49.66	19:07.80	519	28/02/09	Worcestershire Champs	Hereford	CC9017	2
50 Breaststroke	38.23	39.00	408	10/03/13	Worcester County Championships	Wolverhampton	CC3005	2
100 Breaststroke	1:23.49	1:25.00	416	07/05/11	Gloucester City Level 2 Open Meet	Gloucester	SW1243	2
200 Breaststroke	3:04.58	3:07.40	387	20/06/09	Gloucester City Open	Gloucester	SW9212	3
50 Butterfly	29.83	30.50	545	06/07/13	Boldmere Open Meet	Stechford	WM3515	3
100 Butterfly	1:09.01	1:10.10	480	02/07/11	Boldmere Water Carnival	Birmingham	WM1285	3
200 Butterfly	3:06.22	3:07.90	264	01/12/07	Hereford Winter Meet	Hereford	WM7177	3
50 Backstroke	32.51	33.10	468	13/03/10	Worcestershire County Championships	Worcester	CC0010	2
100 Backstroke	1:12.12	1:13.20	440	23/11/08	Hereford Open Meet	Hereford	WM8279	2
200 Backstroke	2:37.57	2:39.70	430	27/03/10	Worcestershire County Championships	Wolverhampton	CC0011	2
200 Individual Medley	2:35.36	2:37.90	482	28/03/10	Worcestershire County Championships	Wolverhampton	CC0011	2
400 Individual Medley	5:43.10	5:48.20	429	23/02/08	Worcestershire Champs	Worcester	CC8029	2
100 Individual Medley	1:10.66	1:10.70	511	01/07/12	Boldmere SC Water Carnival 2012	Stechford	WM2321	3