

Individual Best Times (All Time)

Hayley Williams - (194432) - Gainsborough Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.45	26.70	636	04/12/10	Northampton Winter Fest	Corby	EM0581	1
100 Freestyle	58.73	57.30	682	03/08/10	British Gas Youth Champs	Sheffield	ASA102	1
200 Freestyle	2:12.70	2:10.10	615	30/05/09	Sheffield No Frills Meet	Sheffield	NE9039	1
50 Breaststroke	32.90	31.90	696	14/06/11	British Gas ASA National Championships	Sheffield	ASA109	1
100 Breaststroke	1:13.95	1:12.20	652	09/05/10	Radford Annual Open Meet	Sheffield	EM0119	1
200 Breaststroke	2:41.52	2:38.20	617	26/03/11	WISE 2011	Dublin	INT241	1
50 Butterfly	34.78	34.20	346	31/05/08	Derventio Excel Open Meet	Sheffield	EM8119	1
100 Butterfly	1:08.94	1:07.80	521	29/05/10	Sheffield No Frills Meet	Sheffield	NE0070	1
50 Backstroke	30.91	30.30	656	08/05/10	Radford Annual Open Meet	Sheffield	EM0119	1
100 Backstroke	1:08.79	1:07.60	578	25/04/10	National Arena Swimming League B Final	Sheffield	NE0308	1
200 Backstroke	2:27.14	2:24.90	586	03/08/10	British Gas Youth Champs	Sheffield	ASA102	1
200 Individual Medley	2:24.63	2:21.90	663	16/10/10	Lincoln Vulcans Open Meet	Sheffield	EM0278	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.79	27.60	627	21/03/09	Lincolnshire County Champs	Grantham	CC9022	2
100 Freestyle	57.89	59.30	654	12/03/11	Lincolnshire County Championships	Louth	CC1014	2
200 Freestyle	2:07.94	2:10.60	640	20/03/10	Lincolnshire County Championships	Grantham	CC0120	2
50 Breaststroke	32.31	33.30	676	07/11/10	BG Midland Winter Champs	Corby	WMR025	2
100 Breaststroke	1:10.38	1:12.10	695	06/11/10	BG Midland Winter Champs	Corby	WMR025	2
200 Breaststroke	2:40.46	2:43.70	589	14/03/09	Lincolnshire County Champs	Grantham	CC9021	2
50 Butterfly	29.47	30.10	566	19/03/11	Lincolnshire County Championships	Grantham	CC1015	2
100 Butterfly	1:05.81	1:07.00	554	12/03/11	Lincolnshire County Championships	Louth	CC1014	2
50 Backstroke	29.74	30.40	612	13/03/10	Lincolnshire County Championships	Louth	CC0119	2
100 Backstroke	1:04.18	1:05.40	625	07/11/10	BG Midland Winter Champs	Corby	WMR025	2
200 Backstroke	2:23.89	2:26.20	564	27/03/10	Lincolnshire County Championships	Louth	CC0121	2
200 Individual Medley	2:21.86	2:24.60	633	12/03/11	Lincolnshire County Championships	Louth	CC1014	2
100 Individual Medley	1:05.22	1:05.20	650	06/11/10	BG Midland Winter Champs	Corby	WMR025	2