

Individual Best Times (All Time)

Emily Wain - (190187) - Garston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.36	39.80	200	25/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
50 Breaststroke	55.41	54.80	145	19/02/12	City of Liverpool Club Championships	Liverpool	NW2124	4
50 Butterfly	48.07	47.70	131	19/02/12	City of Liverpool Club Championships	Liverpool	NW2124	4
50 Backstroke	52.43	52.00	134	19/02/12	City of Liverpool Club Championships	Liverpool	NW2124	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.57	33.20	348	25/04/15	BMSS Spring Sprint Meet	Bolton	NW150625	3
100 Freestyle	1:14.28	1:15.40	309	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	WL150713	2
200 Freestyle	2:41.36	2:43.50	319	20/10/13	Swim Conway Autumn Meet	Llandudno	WAL523	1
400 Freestyle	6:25.34	6:29.00	216	09/09/12	City of Liverpool Tadpole Gala	Liverpool	NW2574	3
50 Breaststroke	49.00	49.60	194	04/11/12	Bolton Metro Swimming Stars Sprint Meet	Bolton	NW2647	3
100 Breaststroke	1:39.21	1:40.50	248	06/07/13	City of Derby B Grade Meet	Derby	EM3032	3
200 Breaststroke	3:49.82	3:52.10	200	09/09/12	City of Liverpool Tadpole Gala	Liverpool	NW2574	3
50 Butterfly	35.68	36.20	319	09/07/17	Len Thomas Memorial Sprint Meet	Llandudno	WL171152	2
100 Butterfly	1:16.92	1:17.90	346	09/07/17	Len Thomas Memorial Sprint Meet	Llandudno	WL171152	2
50 Backstroke	53.11	53.50	107	02/07/11	City of Derby B Grade Open Meet	Derby	EM1006	3
200 Backstroke	3:49.17	3:50.60	139	11/11/11	City of Liverpool Tadpole League	Liverpool	NW1497	4
200 Individual Medley	3:31.85	3:33.70	190	15/09/12	City of Liverpool Tadpole League Gala	Liverpool	NW2575	3
100 Individual Medley	1:25.12	1:25.10	292	10/07/16	Len Thomas Memorial Sprint	Llandudno	WL161275	2