

Individual Best Times (All Time)

Adam Evans - (189051) - City of Linc Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.28	28.60	364	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
100 Breaststroke	1:23.88	1:22.40	311	23/02/14	BUCS Long Course 2014	Sheffield	BUC009	1
50 Backstroke	32.23	31.60	390	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
100 Backstroke	1:11.59	1:10.50	374	22/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.56	28.30	391	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Freestyle	1:01.53	1:02.90	387	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Freestyle	3:09.92	3:11.70	143	06/11/05	City of Lincoln Pentaqua	RAF Cranwell	EM5014	2
50 Breaststroke	34.74	35.60	370	18/09/10	Rotherham Metro B & C Meet	Sheffield	NE0077	3
100 Breaststroke	1:18.02	1:19.60	355	19/03/11	Lincolnshire County Championships	Grantham	CC1015	2
200 Breaststroke	3:05.76	3:08.60	270	30/11/13	City of Lincoln Pentaqua Club Championships	Lincoln	EM3613	4
50 Butterfly	32.37	33.00	303	18/07/10	Rotherham Metro A&B Meet	Sheffield	NE0076	3
50 Backstroke	31.53	32.20	344	18/09/10	Rotherham Metro B & C Meet	Sheffield	NE0077	3
100 Backstroke	1:09.30	1:10.40	339	16/11/14	BUCS Short Course 2014	Sheffield	BUC010	2
200 Backstroke	3:28.94	3:30.50	129	16/07/05	Rotherham Metro Meet	Metro	L3E212	2
200 Individual Medley	3:24.19	3:26.10	154	06/11/05	City of Lincoln Pentaqua	RAF Cranwell	EM5014	2
100 Individual Medley	1:12.06	1:12.10	319	18/07/10	Rotherham Metro A&B Meet	Sheffield	NE0076	3