

Individual Best Times (All Time)

Charles Messenger - (185582) - Hackney Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.60	23.70	614	29/04/17	ASA South East Region Championships 2017	Wycombe	SE170865	1
100 Freestyle	53.59	52.00	668	21/01/18	Flanders Swimming Cup	Antwerp, Belgium	GBR625	1
200 Freestyle	2:06.91	2:04.10	519	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
400 Freestyle	4:49.44	4:44.50	439	08/05/10	Berks & SBucks No Frills	Aldershot	SE0252	1
100 Breaststroke	1:25.58	1:24.10	293	08/04/10	17th Easter International	Gzira, Malta	GB0015	1
50 Butterfly	25.87	25.10	637	21/01/18	Flanders Swimming Cup	Antwerp, Belgium	GBR625	1
100 Butterfly	57.85	56.50	624	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	NE170151	1
200 Butterfly	2:27.24	2:25.10	420	30/04/11	BG South East Region Youth Championships	Crawley	SER111	1
50 Backstroke	36.42	35.90	270	26/10/08	Rushmoor Royals Autumn Mt	Aldershot	SE8422	2
100 Backstroke	1:20.49	1:19.50	263	18/04/09	Crawley Spring Meet 2009	Crawley	SE9114	1
200 Backstroke	3:43.21	3:41.70	126	21/10/06	Rushmoor Autumn Distance	Aldershot	SE6143	2
200 Individual Medley	2:42.34	2:39.90	346	13/02/10	Wycombe District Annual Meet	High Wycombe	SE0091	1
400 Individual Medley	7:34.74	7:30.80	151	22/10/06	Rushmoor Autumn Distance	Aldershot	SE6143	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.43	24.30	637	12/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
100 Freestyle	50.55	52.20	697	25/06/17	Hatfield Summer Meet 2017	Hatfield	ER171273	2
200 Freestyle	2:01.43	2:04.20	548	12/07/14	Amersham Club Championships 2013 14 Season	Amersham	SE4097	4
400 Freestyle	4:31.03	4:36.20	480	26/03/11	Berkshire & South Bucks County Championshi	Maidenhead	CC1120	2
1500 Freestyle	19:33.69	19:51.20	375	18/09/11	Windsor Club Championships	Windsor & Maidenhead	SE1563	4
50 Breaststroke	37.30	38.10	299	13/03/10	Berks & S Bucks Champs	Maidenhead	CC0013	2
100 Breaststroke	1:22.21	1:23.70	304	23/01/10	Windsor Level 2 Open Meet	Maidenhead	SE0005	2
200 Breaststroke	2:55.14	2:58.10	322	24/01/10	Windsor Level 2 Open Meet	Maidenhead	SE0005	2
50 Butterfly	24.96	25.70	661	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Butterfly	56.51	57.80	604	19/11/17	Guildford City L2 Winter Meet	Guildford	SE171847	2
200 Butterfly	2:20.50	2:22.70	439	20/10/11	Windsor Club Championships	Windsor & Maidenhead	SE1563	4
50 Backstroke	34.49	35.10	263	28/03/09	Berks & South Bucks Champ	Maidenhead	CC9063	2
100 Backstroke	1:11.80	1:12.90	304	24/09/11	Windsor Club Championships	Windsor & Maidenhead	SE1563	4
200 Backstroke	3:22.86	3:24.50	141	28/01/07	Windsor Open Meet	Maidenhead	SE7003	2
200 Individual Medley	2:33.08	2:35.60	367	23/01/10	Windsor Level 2 Open Meet	Maidenhead	SE0005	2
400 Individual Medley	7:43.18	7:47.00	130	04/12/05	Guildford Open Meet	Guildford	SE5002	1
100 Individual Medley	1:09.84	1:09.80	351	24/09/11	Windsor Club Championships	Windsor & Maidenhead	SE1563	4