

Individual Best Times (All Time)

Grace Clark - (176447) - Barnstaple SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:09.27	1:08.10	415	11/01/09	Exeter City Open	Millfield	SW9100	1
200 Freestyle	2:30.78	2:28.50	419	10/01/09	Exeter City Open	Millfield	SW9100	1
400 Freestyle	4:56.39	4:51.60	500	03/05/10	South West Youth Champs	Millfield	SWR004	1
800 Freestyle	10:02.43	9:52.80	521	01/05/10	South West Youth Champs	Millfield	SWR004	1
100 Breaststroke	1:33.97	1:32.60	317	11/01/09	Exeter City Open	Millfield	SW9100	1
200 Breaststroke	3:15.03	3:12.30	350	10/01/09	Exeter City Open	Millfield	SW9100	1
50 Butterfly	38.97	38.50	246	18/10/08	Avalon Autumn Meet	Millfield	SW8232	2
100 Butterfly	1:14.22	1:13.20	417	02/05/10	South West Youth Champs	Millfield	SWR004	1
200 Butterfly	2:41.72	2:39.80	427	02/05/11	BG South West Region Youth Championships	Street	SWR101	1
100 Backstroke	1:15.11	1:14.00	444	18/04/09	Taunton Deane Easter Meet	Millfield	SW9159	2
200 Backstroke	2:39.44	2:37.30	460	01/05/10	South West Youth Champs	Millfield	SWR004	1
200 Individual Medley	2:47.96	2:45.60	423	13/06/09	South West Region Age Grps	Millfield	SWR907	1
400 Individual Medley	5:35.40	5:30.10	498	01/05/10	South West Youth Champs	Millfield	SWR004	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.52	33.20	350	22/03/08	Weston Super Mare Easter	Hutton Moor	SW8079	2
100 Freestyle	1:04.97	1:06.20	462	28/02/10	Devon County Champs	Plymouth	CC0063	2
200 Freestyle	2:23.02	2:25.40	458	06/03/10	Devon County Champs	Tiverton	CC0064	2
400 Freestyle	4:43.61	4:48.50	542	27/02/10	Devon County Champs	Plymouth	CC0063	2
800 Freestyle	9:43.76	9:53.60	547	13/02/10	Devon County Champs	Tiverton	CC0062	2
50 Breaststroke	41.74	42.50	313	26/04/09	Devon County Inter Club	Plymouth	SW9064	2
100 Breaststroke	1:27.61	1:29.00	360	28/02/09	Devon County Champs	Exeter	CC9051	2
200 Breaststroke	3:09.51	3:12.30	358	14/02/09	Devon County Champs	Plymouth	CC9050	2
50 Butterfly	34.05	34.60	367	10/01/15	Taunton Deane & Street New Year Level 3 Meet	Weston Super Mare	SW150175	3
100 Butterfly	1:11.07	1:12.10	439	14/02/10	Devon County Champs	Tiverton	CC0062	2
200 Butterfly	2:32.31	2:34.40	484	19/03/11	Devon County Championships	Tiverton	CC1026	2
50 Backstroke	38.24	38.80	287	16/03/08	Devon County Junior Sprint	Plymouth	SW8107	3
100 Backstroke	1:11.78	1:12.90	447	07/02/10	Devon County Champs	Plymouth	CC0061	2
200 Backstroke	2:32.12	2:34.30	477	13/02/10	Devon County Champs	Tiverton	CC0062	2
200 Individual Medley	2:41.52	2:43.90	429	08/03/09	Devon County Champs	Tiverton	CC9052	2
400 Individual Medley	5:24.92	5:30.30	506	20/02/11	Devon County Championships	Plymouth	CC1023	2
100 Individual Medley	1:13.75	1:13.80	449	13/02/10	Devon County Champs	Tiverton	CC0062	2