

Individual Best Times (All Time)

Emma Lancaster - (1758522) - Guernsey Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.19	44.70	139	17/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240748	4
100 Freestyle	1:44.84	1:45.60	110	14/04/24	Guernsey SC Club Champs 2024	Guernsey	SE240750	4
50 Breaststroke	58.02	58.60	116	14/04/24	Guernsey SC Club Champs 2024	Guernsey	SE240750	4