

Individual Best Times (All Time)

Benjamin Curd - (1749574) - Larkfield SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:21.11	1:20.10	192	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Backstroke	1:28.59	1:27.70	197	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.84	33.50	231	22/06/24	Larkfield 2024 Club Championships	Larkfield	SE240887	4
200 Freestyle	2:55.83	2:57.80	180	20/04/24	The White Horse League 2024	Bexleyheath	LR240581	3
400 Freestyle	6:12.21	6:16.00	185	15/04/24	Larkfield 2024 Club Championships 2024	Larkfield	SE240885	4
50 Breaststroke	49.69	50.30	126	08/06/24	The White Horse League 2024	Bexleyheath	LR240582	3
100 Breaststroke	1:50.84	1:52.00	124	18/05/24	Larkfield 2024 Club Championships	Larkfield	SE240886	4
100 Backstroke	1:26.34	1:27.30	175	13/04/24	Medway ASA Championships 2024	Maidstone	SE240445	3
200 Backstroke	3:07.87	3:09.60	177	22/06/24	Larkfield 2024 Club Championships	Larkfield	SE240887	4
200 Individual Medley	3:22.04	3:24.00	159	18/05/24	Larkfield 2024 Club Championships	Larkfield	SE240886	4
100 Individual Medley	1:31.66	1:31.70	155	22/06/24	Larkfield 2024 Club Championships	Larkfield	SE240887	4