

# Individual Best Times (All Time)

Hayden Underwood - (1724155) - Derwentside SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	3:10.44	3:08.60	208	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
50 Backstroke	44.56	44.10	219	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Backstroke	1:36.49	1:35.70	209	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
200 Backstroke	3:20.47	3:18.80	231	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
200 Individual Medley	3:33.11	3:31.20	207	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.74	38.30	224	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Freestyle	1:27.95	1:28.90	186	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
200 Freestyle	3:04.96	3:06.80	212	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Breaststroke	53.28	53.90	150	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Butterfly	44.12	44.50	168	07/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
50 Backstroke	42.22	42.70	213	06/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
100 Backstroke	1:31.56	1:32.40	215	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Backstroke	3:16.93	3:18.60	220	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Individual Medley	3:28.84	3:30.70	198	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Individual Medley	1:37.82	1:37.80	192	07/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3