

Individual Best Times (All Time)

Zara Duncan - (1718280) - Market Harborough SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.74	38.30	224	06/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
100 Freestyle	1:28.34	1:29.30	184	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
200 Breaststroke	4:07.85	4:10.00	160	23/02/24	Market Harborough Club Championships 2024	Market Harborough	EM240656	4
50 Backstroke	43.43	43.90	196	06/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
200 Backstroke	3:17.52	3:19.20	218	22/03/24	Market Harborough SC Club Championships 2024	Market Harborough	EM240871	4