

# Individual Best Times (All Time)

Henry Rist - (1717685) - Coalville SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	51.26	51.70	60	23/06/24	Coalville SC 2024 Summer Distance & 50m Time Trial	Coalville	EM241178	4
100 Freestyle	1:46.58	1:47.40	74	12/05/24	Coalville SC 2024 Sprint Sprint Time Trials	Coalville	EM241175	4
50 Breaststroke	1:21.69	1:22.10	28	17/03/24	Coalville SC 2024 50m Sprint Gala	Coalville	EM240723	4
100 Breaststroke	2:41.24	2:42.00	40	19/05/24	Coalville SC 2024 Sprint Sprint Time Trials	Coalville	EM241176	4
50 Backstroke	57.66	58.00	56	23/06/24	Coalville SC 2024 Summer Distance & 50m Time Trial	Coalville	EM241178	4
100 Backstroke	2:31.12	2:31.70	32	19/11/23	Coalville Winter Meet 2023	Coalville	EM232464	3