

Individual Best Times (All Time)

Anwen Jones - (1710890) - West Norfolk Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	51.49	51.90	88	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Freestyle	1:57.20	1:57.90	78	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Breaststroke	1:04.24	1:04.70	86	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Breaststroke	2:15.42	2:16.40	97	20/04/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	ER240056	4
50 Butterfly	1:06.28	1:06.60	49	20/04/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	ER240056	4
50 Backstroke	54.91	55.30	97	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	ER240454	3
100 Backstroke	1:59.16	1:59.80	97	20/04/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	ER240056	4
100 Individual Medley	2:05.58	2:05.60	91	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3