

Individual Best Times (All Time)

Zach Ankers - (1710197) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Individual Medley	3:38.21	3:36.40	142	16/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.77	37.30	164	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
100 Freestyle	1:25.15	1:26.10	146	02/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
50 Breaststroke	51.90	52.50	111	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
50 Butterfly	39.45	39.90	167	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
100 Butterfly	1:31.84	1:32.70	140	23/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
50 Backstroke	40.31	40.80	165	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Backstroke	1:31.68	1:32.60	146	03/02/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240066	2
200 Backstroke	3:05.53	3:07.30	184	23/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
200 Individual Medley	3:29.32	3:31.20	143	02/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Individual Medley	1:30.28	1:30.30	162	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4