

Individual Best Times (All Time)

Frankie Shipton - (1709511) - Wellingborough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	50.12	49.70	72	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Breaststroke	55.21	54.60	103	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Breaststroke	1:59.27	1:58.20	108	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Backstroke	1:06.09	1:05.80	45	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	50.14	50.60	65	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
50 Breaststroke	57.99	58.50	79	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
50 Backstroke	1:03.84	1:04.20	41	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4